

# visions

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A man in a white lab coat and a woman in a white dress are silhouetted against a light background. They are both raising their arms, and red petals are falling around them, suggesting a celebratory moment. The man is on the left, and the woman is on the right.

New name,  
same great people,  
service and technology

11 //

30 editions  
of VISIONS  
magazine

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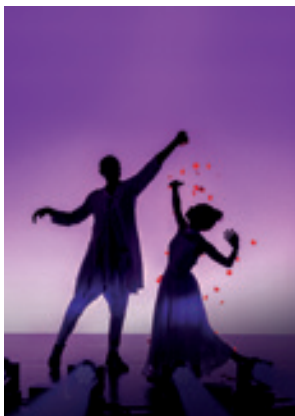
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**Canon**



*Two dancers (ballet dancer and 'pop and locking' dancer) expressing the name change (transition) from Toshiba Medical to Canon Medical Systems. (photo: Jaco Terlouw)*

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## // EDITORIAL

Before you lies perhaps the most unique issue of VISIONS to date. At first glance it might look like any other one but nothing could be further from the truth. This is not only the thirtieth issue of VISIONS, it also carries a brand new logo and company name on the cover. Did you notice? Reason is, as you probably know, that we are being warmly welcomed in the Canon family and thus changed our name to Canon Medical Systems all over the world at the beginning of the year. Both are memorable facts in the history of our company and good news for you.

Why? Well, we have kept all that you value so highly: the same great people, reliable products and technologies, unconditional customer focus and unsurpassed service – now endorsed and supported by a strong and recognized worldwide brand of a renowned company that considers health care and research to be of paramount importance. Around eight percent of revenue is invested in R&D every year and globally Canon ranked third among the top patent holders for the sixth straight year. Combine this with the fact that health care is one of the strategic pillars of the company and the message becomes immediately clear. Moreover, we don't only work hard to stay innovative but we are fundamentally changing how innovation is made.

Medical imaging and health care have always been part of the Canon DNA. Did you know that the first president of Canon, Takeshi Mitarai, was an obstetrician? And that Canon developed the first indirect X-ray camera in Japan? A great and respected heritage! Now bolstered with over one hundred years of experience in medical imaging and treatment, we will further innovate solutions, from health care data to precision medicine, and bring products on the market like never seen before.

I would like to suggest keeping this issue of VISIONS as it is the first one bearing the Canon logo. Undoubtedly many more will follow to inform you about important business developments, new products and experiences of our customers. In our history of the many medical 'firsts' we have developed, this is also a 'first' and, who knows, it might become a collector's item one day.

Kind regards,

**JACK HOOGENDOORN**

*Senior Manager Marketing  
Canon Medical Systems Europe BV*





Celebrating **30** editions of innovative technologies and applications in medical imaging.





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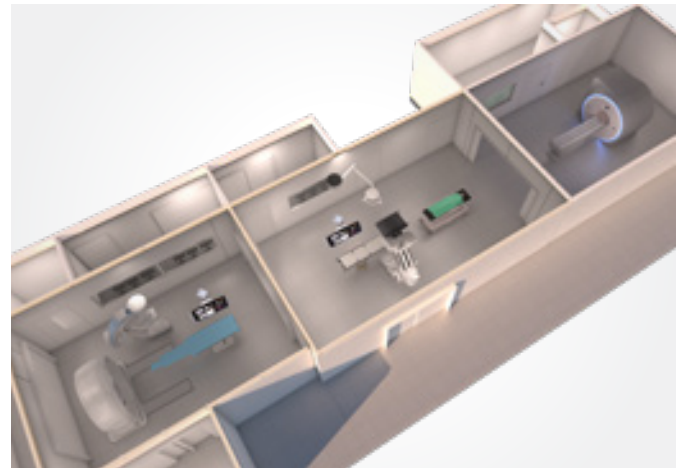


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Unique interventional platform  
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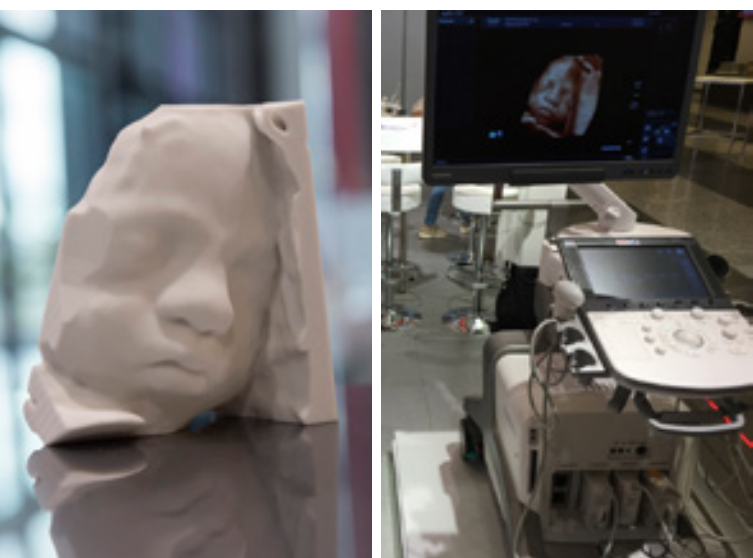
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## Canon Medical Systems Corporation is officially launched

Various ceremonies were held at Canon Medical Systems Corporation (CMSC) offices across the world on January 4<sup>th</sup> 2018 to mark the launch of the new company name. The positive energy that this has generated amongst staff is highlighted in a photo report, which you can find on the last page of this VISIONS edition. //



## Another new system at the University Hospital Montpellier, France



After the impressive Infinix™-i 4D CT installation, the University Hospital Montpellier has extended their platform by investing in a new high-end CT scanner from Canon Medical Systems Europe BV.

This new system incorporates cutting-edge technologies designed to meet current and future clinical needs with high quality imaging at the lowest dose. The new equipment is called "3D Scanner". It is shared by 3 departments: Radiology of Saint-Eloi Hospital, Prof. B. Guiu, Radiology of Lapeyronie, Prof. P. Taourel and Radiology of Arnaud de Villeneuve, Prof. H. Vernhet. The CT is installed in the department of diagnostic radiology and interventional hospital Saint-Eloi to serve all out patients and consultants of CHU Montpellier, France. //

## Aquilion ONE wins new Japanese research and development award



Canon Medical Systems is one of the first to be recognized with a prestigious new Research and Development award recently established by Japanese Government.

The Japan Medical Research and Development Awards Program was established in 2017 with the aim of encouraging excellence in research and development by recognizing groups or individuals who have made outstanding contributions to advancing medical, as well as other fields. The award, which was made for development of the 4D CT system, the Aquilion ONE™, was presented by Mr. Katsunobu Kato, Japanese Minister of Health, Labor and Welfare, in a special award ceremony held at the Japanese Prime Minister's official residence in December 2017.

Dr. Kazuhiro Katada, Professor Emeritus at Fujita Health University, in Japan, and Dr. Masahiro Endo, Managing Director of the Japanese Association for Nuclear Technology in Medicine, were key in the joint research that led to the realization of the Aquilion ONE. In addition to conventional morphological diagnosis that depicts anatomical structures and tumors, the Aquilion ONE enables functional diagnosis based on analysis of blood flow or the motion of anatomical structures. The latest systems also allow further reductions in image acquisition time, exposure-dose, and the amount of contrast medium, resulting in more patient-friendly examinations. The award was made on the basis of these significant advantages. //

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## Canon Medical Systems Corporation receives Green Apple Environmental best practice award

Canon Medical Systems Corporation has been awarded the Green Apple Environmental best practice award.

The Green Apple awards, reward and promote environmental best practice around the world. Canon Medical Systems Corporation was proclaimed Gold Winner in the category Innovation, for its Aquilion ONE™ GENESIS Edition CT scanner. The exclusive awards ceremony was held in the Palace of Westminster, London. Awards were presented in various categories, such as Carbon, Energy Efficiency, Manufacturing and Waste management.

The award winning CT Scanner, Aquilion ONE GENESIS Edition, is a smaller and lighter Premium CT system than its predecessors, thus requiring less power.



Designed for an installation space of just 19 m<sup>2</sup>, Aquilion ONE GENESIS Edition can be installed in most existing CT rooms, avoiding costly renovations. The open Gantry structure with short bore facilitates access from the front and rear of the gantry.

With regard to the exposure dose for the patients, Aquilion ONE GENESIS Edition applies the latest dose reduction technologies and reconstruction algorithms, such as PUREVISION detector technology and FIRST. Its advanced detector technology converts almost 100% of incident X-ray photons for maximum dose efficiency. FIRST is the world's first fully integrated Iterative Reconstruction Technology in Premium CT, resulting in the lowest dose levels technically achievable today. //



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## WORLDWIDE NAME CHANGE CELEBRATION

On January 4, 2018, our company name changed to Canon Medical Systems. This is a huge milestone in the history of our organization. Canon has a strong vision for building a world-class healthcare enterprise and has made healthcare one of the four key strategic pillars. With our 100 year history, great people, technologies and services backed by the "Made for Life" philosophy Canon Medical Systems will continue to drive the company forward. The "Made for Life" philosophy stands for our ongoing commitment to humanity - generations of inherited passion creates a legacy of medical innovation and service that continues to evolve as we do. By engaging the brilliant minds of many, we continue to set the benchmark, because we believe quality of life should be a given, not the exception.





## “Our company name change to Canon Medical Systems Corporation.”

**O**n January 4, 2018, our company name changed to Canon Medical Systems Corporation. I am delighted to be able to celebrate this day with our many customers and employees around the world, who have been so supportive. On this day, we become the core of Canon's medical business both in name and reality. We must leverage synergies of our integration with Canon in order to further contribute to human health through innovative technologies and solutions.

It is now over one year since we joined the Canon Group. Throughout that period, we interacted with each other to deepen mutual understanding of our businesses in terms of production, development, and human resources. Exposure to Canon's culture, which we were previously not familiar with, and reexamination our existing processes and practices, has led us to make new discoveries, fostered new ideas and acquainted us with new people. I am confident that the accumulation these influences will act as a catalyst for even-greater future development.

In 2018, which marks our new chapter as Canon Medical Systems, we also celebrate our 88th anniversary. From this inaugural year as Canon Medical Systems, all of us are dedicated to focusing our efforts and energies to take the business from strength to strength. The number 8 is thought to be lucky in Japan because of the widening shape of its kanji character, and so this anniversary could be considered doubly auspicious.

**TOSHIO TAKIGUCHI**

*President and Chief Executive Officer  
Canon Medical Systems Corporation*





*VISIONS spoke with Prof. Gangi, Dr. Garnon, Mr. Gautier and Mr. Gigueux, from the University Hospital Strasbourg, about their experiences with the Infinix-i 4D CT and Ultrasound system Aplio i800.*

# Expanding horizons in Interventional Oncology in a state-of-the-art Angio-CT environment

Since the installation of the Infinix™-i 4D CT and Aplio™ i800 ultrasound system in last November, the University Hospital Strasbourg has been able to expand its research program in Interventional Radiology with several advanced techniques that could bring about major changes in the discipline.

**T**he University Hospital of Strasbourg is one of the most prestigious University Hospitals in Europe. Affiliated to the University of Strasbourg, it forms part of a medical technologies campus with growing expertise in R&D using cutting-edge technologies in healthcare. The Hospital employs more than 12,000 people, including 3,000 physicians and leads groundbreaking global research in several disciplines, including transplantation, minimally-invasive surgery, Immunology and Interventional Radiology.

## **An emerging world-class specialist facility**

The Radiology Department's highly specialized Interventional Imaging Service has grown steadily since 2011.

"Interventional Radiology is of crucial importance for our University Hospital for several reasons, and we have invested significantly

in this field," remarked Mr. Gautier, General Manager of the Hospital. "Most importantly, it brings numerous benefits to our patients. It drastically improves the treatment of specific tumors, patients benefit from less invasive procedures, with improved outcomes and shorter hospitalization and it has also proved useful in pain treatments."

Led by Prof. Gangi, Head of Interventional Radiology, and Chairman of the Radiology and Nuclear Medicine Department, the large Interventional Radiology Department has grown in recent years and is currently staffed by nine Interventional Radiologists and 10 Radiology Technicians.

"Thanks to the dedication of Prof. Gangi and his Team to our patients, and to their research interests, the University Hospital has established an outstanding reputation in Interventional Radiology, at national- and international levels," continued Mr. Gautier.



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## “High-quality true CT scanning during a complex intervention is key for us.”

“We are very proud indeed of their technical and medical accomplishments.”

This skilled team carry out hundreds of interventional procedures every year (including spinal injections, biopsies, TACE, cementoplasty, ablation and embolization) using a range of imaging equipment based in three dedicated Interventional Radiology rooms. Alongside rooms housing an interventional MR and a C-arm based system with cone-beam CT capability, the latest suite to be added is equipped with an Infinix-i 4D CT and Aplio i800 ultrasound system from Canon Medical Systems.

The Radiology Team chose these systems specifically to increase the range of Interventional Radiology procedures possible at the Department, as well as reduce patient waiting-time.

### Groundbreaking concept

“We were one of the first research institutes in the world to combine fluoroscopy and CT modalities in the same room,” said Prof. Gangi. “When I was a Resident Radiologist back in 1990, I could already see the advantage of placing a mobile C-arm in front of the CT-scanner. At first, people questioned what it could bring, but it proved



Prof. Gangi - University Hospital Strasbourg.

so successful in imaging that it eventually became a new concept, and was ultimately adopted commercially by Canon Medical Systems.”

The Hospital's Interventional Imaging Service performs an increasing range of interventional procedures ranging from simple infiltration to complex therapeutic treatments, sometimes combined with surgery.





When it came to creating an additional Interventional Radiology suite to provide the resources to keep up with growing demand for new imaging services, the Hospital turned to Canon Medical Systems for a solution.

### **A uniquely integrated solution**

"The Infinix-i 4D CT combines two different imaging modalities within the same environment, which will allow us to treat new medical indications in the different fields with pioneering Interventional Radiology techniques," said Mr. Gautier.



Dr. Garnon - University Hospital Strasbourg.

"We are convinced that installing this high-level CT system will help us reach our main goal, which is to continuously enhance the quality and safety of the healthcare that we offer to our patients."

"We chose the Infinix-i 4D CT initially on the basis of the exceptionally high-quality CT scanning that is possible with the system. It is key for us. It's the heart of the system," added Prof. Gangi. "There are not many systems as mature as the Infinix-i 4D CT available on the market. Both angio and CT modalities communicate and work together, enabling our Interventional Radiologists to use them with maximum ease-of-use. They can move from one system to another without any steps. A seamless combination of top CT scan and high-end level angiogram: an ideal option for us."

The new equipment replaced a 128-slice CT system and a mobile C-arm. Installation of the Infinix-i 4D CT and the Aplio i800 ultrasound system was carried out in collaboration with the Canon Medical Systems project management team. Installation of the new imaging suite required considerable planning.

"When we decided to change our CT-suite, we were hoping to achieve many objectives: to improve the quality of our CT-imaging; to combine high-quality fluoroscopy and CT; to optimize ease-of-use and versatility in one machine; to reduce radiation significantly; and to support new procedures," said Dr. Garnon, Interventional Radiologist at the Hospital. "The new system meets all of these needs."

*"The range  
of possibilities  
is huge."*





Radiology Team at the University Hospital Strasbourg.



Mr. Gautier – General Director University Hospital Strasbourg.

“Given the context of our expanding research, we realized that replacing our mobile C-arm with a motorized ceiling-suspended C-arm with Flat Panel Detector, would allow us to push our current limits, cover new indications and enable us to perform complex vascular-, as well as percutaneous procedures,” said Mr. Gigueux, Biomedical Engineer. “Our choice focused on the Infinix-i 4D CT, because of its versatility. In addition to the advantages of the C-arm in interventional work, the system offers great flexibility, for

*“Infinix-i 4D CT will help us to improve patient outcomes and shorten hospitalization time.”*

example, the C-arm can assume a dedicated parking position for procedures that require use of the CT only.”

#### **Combining two modalities in one room**

Previously, the Interventional Radiology Team used to carry out angiographs in one room, and then moved the patient into a second room for the CT. This step is no longer necessary with the higher quality Infinix-i 4D CT.

“The implementation of the solution combining two modalities in a single room was one of the first points that we studied together with Canon Medical Systems

project management team when installing the system,” said Mr. Gigueux. “Implementation of the project was quite complex, but the collaboration between the Hospital's technical teams, the various sub-contractors and the entire Canon Medical Systems Team was excellent.”

“As the modalities are combined in one system with the Infinix-i 4D CT, many procedures that we were previously performed in two steps can now be completed in one,” remarked Prof. Gangi. “The system will not only improve the quality and safety of our standard Interventional Radiology procedures, but will increase the number of indications that we are able to treat.”



*Infinix-i 4D CT  
with Aplio i800.*

“Our work includes vascular- and percutaneous interventions, and our Team includes specialists in these techniques. In many cases, the procedures are performed separately, but when both approaches are required, we can work together, side-by-side, with the new system. The Infinix-i 4D CT clearly offers new perspectives in combined therapies and enables us to perform much more complex procedures in this field,” added Dr. Garnon.

### **Infinix-i 4D CT: State-of-the-Art in CT**

“There are plenty of new possibilities on the horizon,” said Prof. Gangi. “We plan to introduce real, combined procedures, including angiographic-, percutaneous- and surgical procedures. So, we’ll have specialists from three disciplines working together in the same room. This is what will make the difference: the ability to perform multi-modality, multi-disciplinary, interventional procedures.”

The advanced CT imaging and fluoroscopy capabilities of the Infinix-i 4D CT will enable the team to combine procedures, such as ablation and embolization, or ablation



and bone consolidation, alongside use for more regular Interventional Radiology procedures.

“We want to perform true hybrid interventions, which involve Interventional Radiology, but also other specialties, such as surgery, pneumology, or others, depending upon the case,” said Dr. Garnon. “The range of possibilities is huge: image-guided coelioscopy, real-time image-guided fibroscopic biopsies, and potentially many other applications. The goal is to overcome the

limitations of each technique by combining everything together.”

### **Aplio i800: The ultimate in ultrasound**

Along with the Infinix-i 4D CT, the new Interventional Radiology suite at the Hospital is equipped with an Aplio i800 ultrasound system from Canon Medical Systems. Prof. Gangi and his team are impressed with the image quality of this additional system and the potential new options that it brings to complex Interventional Radiology work.



*Prof. Gangi and Dr. Garnon.*



Mr. Gigueux - Biomedical Engineer University Hospital Strasbourg.

"As someone who didn't believe much previously in ultrasound when I was younger, I have to admit that I have been impressed by the huge amount of progress made in ultrasound over the last three- or four years. Today, the diffusion capabilities with ultrasound are substantial.

## "Complex implementation requires excellent collaboration with a partner."

We cannot now carry out interventional procedures without a high-end ultrasound in the room," he said. "The quality of the Aplio i800 is so good. Despite not really using much ultrasound previously, I am now happy to have the Aplio i800 nearby the CT- and angio systems. It gives me a lot of confidence - the ultrasound is a really important part of the suite."

"The Aplio i800 is a game-changer in ultrasound guidance. The image quality is really incredible and the system includes

features that are perfectly suited to Interventional Radiology, such as dedicated micro-convex probes, fusion imaging, and needle-tracking," added Dr. Garnon. "With the help of fusion and small probes, we can perform procedures that were previously not thought to be within the scope of ultrasound-guidance, including some lung biopsies, mediastinal biopsies, and even selected bone biopsies. Liver ablation capabilities are definitely improved with the Aplio i800, as the optimal approach can be selected with fusion, and the quality of







ablation can be checked with contrast. Pre- and post ablation images can be compared to ensure that safety margins have been included with ultrasound fusion.”

### Expanding research horizons

Combining the outstanding capabilities of the Aplio i800 and Infinix-i 4D CT has potential for application in other organs, such as kidney and soft-tissues.

“Used alone, the Aplio i800 is of great value, but in combination with use of the Infinix-i 4D CT, is, of course, even better. By combining the high contrast quality of the ultrasound system with the high-precision 3D of CT, the optimal approach to treating target lesions in liver or soft-tissues could be chosen to ensure with 100% confidence that ablation with safety margins have been completed in all directions,” said Dr. Garnon.

“For kidney and bone there is still much progress to make in applications using the two modalities,” added Prof. Gangi. “There are still many challenges to overcome with multi-modality, multi-disciplinary approaches, but with the new systems in place, the potential of these techniques looks very promising.”

Supporting advances in Interventional Radiology Faced with the challenge of an increase in patient throughput of approximately 18-20% each year, Prof. Gangi and his team are certain that the investment in the Infinix-i 4D CT and Aplio i800 will help them to make significant progress.

“I believe ultimately that we can advance Interventional Oncology with the Infinix-i 4D CT,” said Dr. Garnon. “It should help us to reduce the waiting time for an intervention, whatever the procedure is. And that’s a critical point when dealing with patients, especially in Oncology.”

“I have collaborated with Canon Medical Systems for many years and my experience has always been very positive,” said Prof. Gangi. “With the installation of the Infinix-i 4D CT and Aplio i800, we are able to develop something very new in our department. I am fully confident that the dynamic of our team and that of Canon Medical Systems, our continued collaboration and the accumulation of knowledge and expertise, will ensure that this is a success.”

“We are extremely proud to have acquired an Infinix-i 4D CT,” said Mr. Gautier. “Only

three other hospitals in Europe currently benefit from this technology. The system helps to confirm our position at the forefront of Interventional Radiology.” //

## Comprehensive tools for the evaluation of diffuse liver disease

Shear Wave Elastography (SWE)

Shear Wave Dispersion Imaging (SWD): p.38

Attenuation Imaging (ATI): p.54

# Diagnosis of liver fibrosis using Shear Wave Elastography

Dr. Hiroko Iijima

Liver ultrasound is one of the state-of-the-art methods for diagnosing diffuse liver disease. Cirrhosis is a chronic liver disease in which normal liver tissue is replaced by scar tissue through the process of fibrosis, increasing liver stiffness. Major causes of cirrhosis include hepatitis B (HBV), hepatitis C (HCV), alcoholic liver disease (ALD) and non-alcoholic fatty liver disease (NAFLD). Hepatocellular carcinoma (HCC) is one of the most common complications for patients with cirrhosis.

Clinically, it is important to determine the risk of developing liver cancer and the need for antiviral treatment. The increasing incidence of HCC in the aging population with HCV is a major issue. Recently, the global trend for HCV treatment is the administration of the direct acting antiviral agent (DAAs).<sup>1</sup> As a result, early detection, accurate staging and treatment evaluation of fibrosis are essential for optimizing patient management.

Biopsy is considered to be the gold standard for fibrosis diagnosis, even as the incidence of liver biopsies being performed has reduced due to the invasiveness and cost. It is also reported that the sampling variability can affect the accuracy of liver biopsy.<sup>2</sup> Blood chemistry examinations are also employed, however their diagnostic accuracy is not particularly high. Observing speckle patterns in B-mode images is one of the approaches for staging fibrosis, however, the differentiation between fibrosis stages F1 and F2 is indeed challenging. There have been attempts to perform tissue diagnosis using morphology of the liver surface, however it provides no additional information above the estimation of liver stiffness by manual palpation.

Shear Wave Elastography (SWE) is an innovative application to assess hepatic fibrosis and stiffness, and is increasingly employed in the clinical setting. According to the EASL-ALEH Clinical Practice Guidelines, for patients with confirmed etiology of cirrhosis SWE is recommended in order to avoid unnecessary biopsy procedures.<sup>3</sup> With the novel iBeam architecture in the Aplio i-series, SWE images are acquired with better sensitivity and fewer artifacts.

In this paper, the usefulness of SWE in diagnosing liver stiffness is evaluated and SWE results acquired during clinical evaluation are compared with other state-of-the-art techniques for analyzing diagnostic accuracy.

## Technical background of SWE

Shear Wave Elastography (SWE) measures the velocity of shear wave propagation within the liver for liver stiffness quantification.

The concept of SWE can be explained using an earthquake as an example. In an earthquake, energy released from the fault movement

generates seismic waves. A primary wave (P-Wave) is generated followed by a secondary seismic wave (S-wave), which travels much slower than the P-wave. The S-wave (shear wave) vibrates the ground perpendicular to the direction of movement. S-waves travel faster in hard matter than soft matter as their particles are more condensed.

In the case of SWE, a push pulse emitting from a transducer is similar to the fault movement, generating an ultrasound wave which deforms the liver tissue (Fig 2a). The shear wave is created during the tissue deformation. Similar to the earthquakes S-wave, shear waves transmit perpendicular to the ultrasound wave (Fig 2b). In the human body, the shear waves transmit slowly at a velocity of approximately 1 m/s to 10 m/s, making them detectable with a diagnostic ultrasound system. In addition, the propagation velocity differs significantly depending on the tissue stiffness. If a lesion such as a tumor is present in the tissue, the shear wave velocity in that area differs from that in the surrounding tissue. If the lesion is stiffer, the shear waves propagate faster (Fig 2c), and vice versa. The propagating shear waves are detected using tracking pulses (Fig 2d).

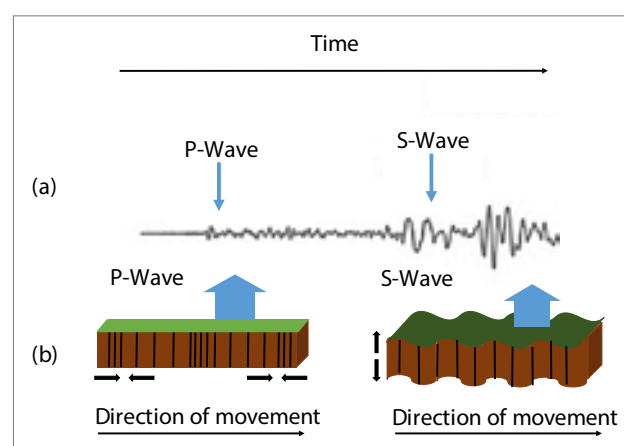


Figure 1. (a) Seismic waves detected on a seismogram at a recording station on the earth surface. (b) P-wave is the first wave detected followed by the S-wave, a secondary wave which vibrates the ground up and down.



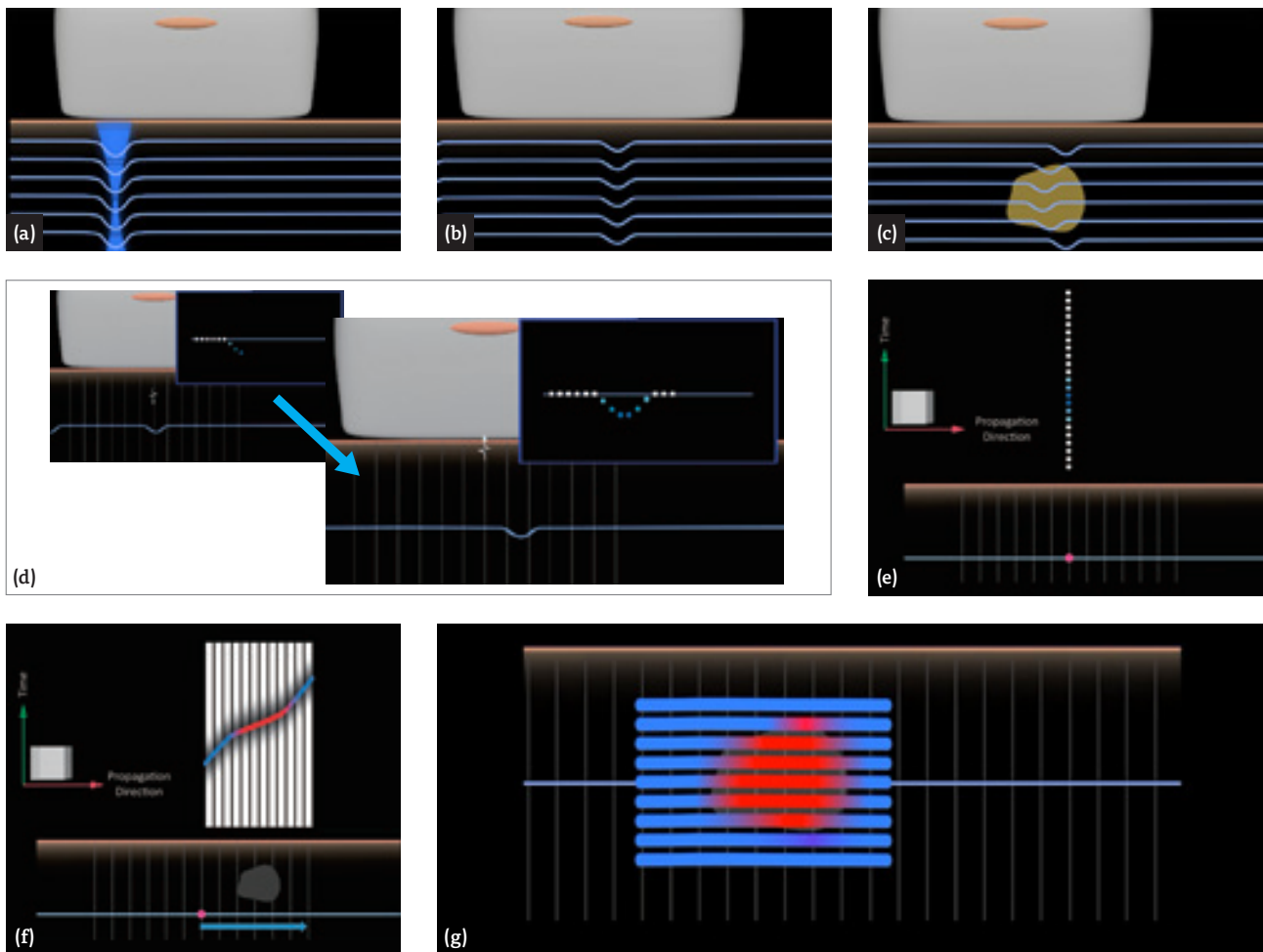


Figure 2. Technical background of SWE.

At each data point, the time at which the shear waves arrive is plotted (Fig 2e). By plotting time against propagation of the shear wave, a trace of shear wave propagation within the liver is obtained (Fig 2f).

In uniform tissue, the shear wave velocity is constant and the tracing slope is uniform. In inhomogeneous tissue, the tracing slope varies with the shear wave velocity detected. For example, if a stiff tumor is present in the liver, the area with a higher shear wave velocity (stiffer area) is displayed in red (Fig 2g).

One of the major features of Aplio SWE is that clinicians are able to select the continuous scan (real-time scan) or one-shot scan which has a higher sensitivity. One shot scan is preferred for SWE

acquisition and continuous scan is useful for evaluating areas which experience motion artifacts. At our institution, we select one-shot scan in order to obtain higher image quality. Another major feature of Aplio SWE is Smart Maps, allowing clinicians to visualize tissue characteristics or propagation of the shear wave. In our institute, we use the Speed Map (m/s), Elasticity Map (kPa) and Propagation Map (arrival time contour) to evaluate liver stiffness (Fig 3).

### Reliability of SWE acquisition

The Propagation Map (arrival time contour) serves as a reliability indicator for SWE data acquisition in order to increase diagnostic accuracy and intra/inter-operator reliability.

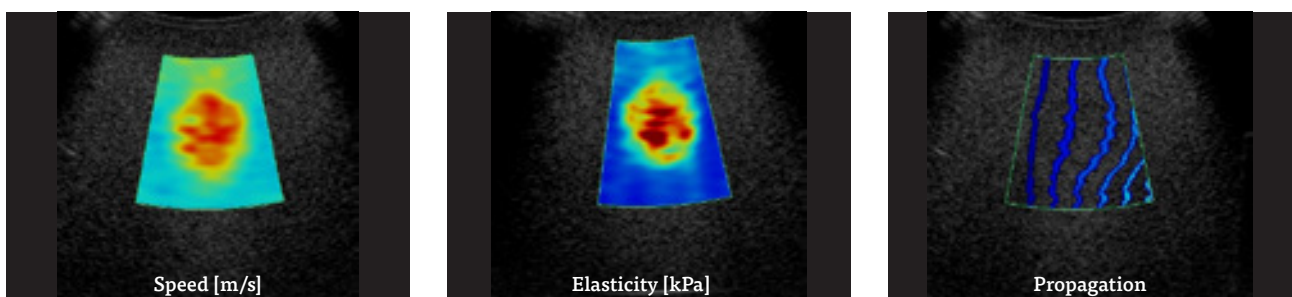


Figure 3. Smart Maps.

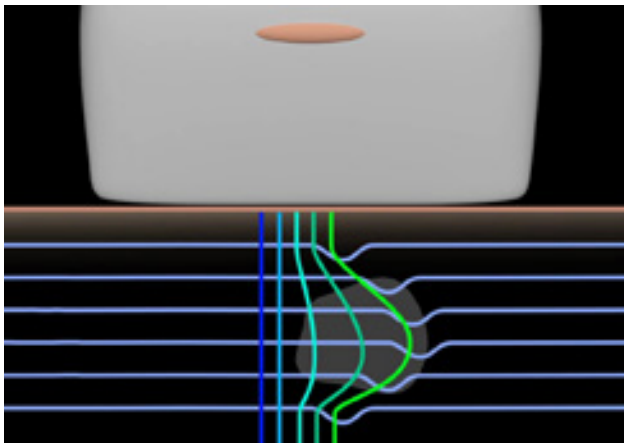


Figure 4. Principle of propagation map.

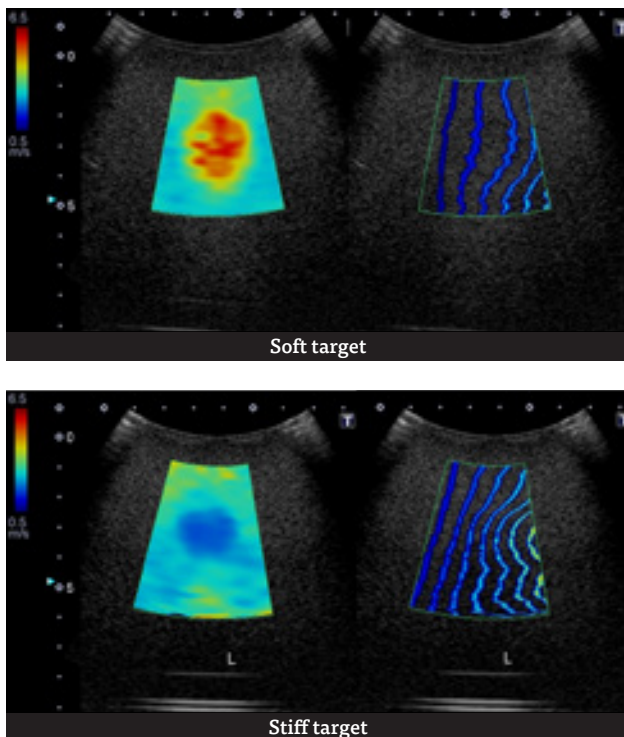


Figure 5. Propagation map on a stiff and soft target.

The Propagation Map displays the wavefronts of the shear wave at a fixed time interval, showing whether the shear waves propagate smoothly (Fig 4). The intervals between the contour lines are wider in stiffer tissues because of a longer arrival time (Fig 5).

In areas with parallel contour lines, the shear waves propagate smoothly and the reliability of data acquisition is high. In areas where the contour lines are distorted or not in parallel, the reliability of the data acquisition is low. In other words, the reliability of data acquisition can simply be verified by observing the contour lines (Fig 6).

Although color is not mapped in areas where inhomogeneity is overly high, e.g. influence from vessels or acoustic shadowing, shear wave propagation can still be observed clearly in contour display to support SWE acquisition. In addition, the contour display makes it possible to verify the data reliability in deeper regions where attenuation is high. As discussed above, Propagation Map is a very useful tool for verifying the reliability of data acquisition and for selecting optimal positions for shear wave velocity measurement.

In an example of a patient with severe fatty liver and a skinfold thickness of 3 cm, it was still possible to obtain data with verified reliability by determining the area in which the shear waves propagate uniformly using the propagation map and measuring the velocity of shear wave within the area (Fig 7).

### Improvement of SWE on the Aplio i-series

The innovative iBeam architecture embedded in the Aplio i-series forms thin slice beams thus significantly elevates the sensitivity in SWE acquisition for more stable results. Shear wave velocity is detected with fewer artifacts and the value can be mapped more precisely on the SWE ROI. Clinicians are now able to obtain SWE data faster and easier during SWE examinations.

In our institute, we have been using the Aplio Platinum Series, Aplio 500, for SWE evaluation since 2014. We compared the Aplio 500 and Aplio i-series in order to observe the system differences. The correlation coefficient between the systems is 0.96, exhibiting an excellent consistency.

Patients with liver metastasis are often reported with higher values of shear wave velocity. The shear wave velocity in a 50 year-old female with liver metastasis (Fig 8) was calculated using Aplio 500 and Aplio i 800. On Aplio i800, a bullseye pattern on the lesion is clearly depicted on the B-mode image. The speed map clearly

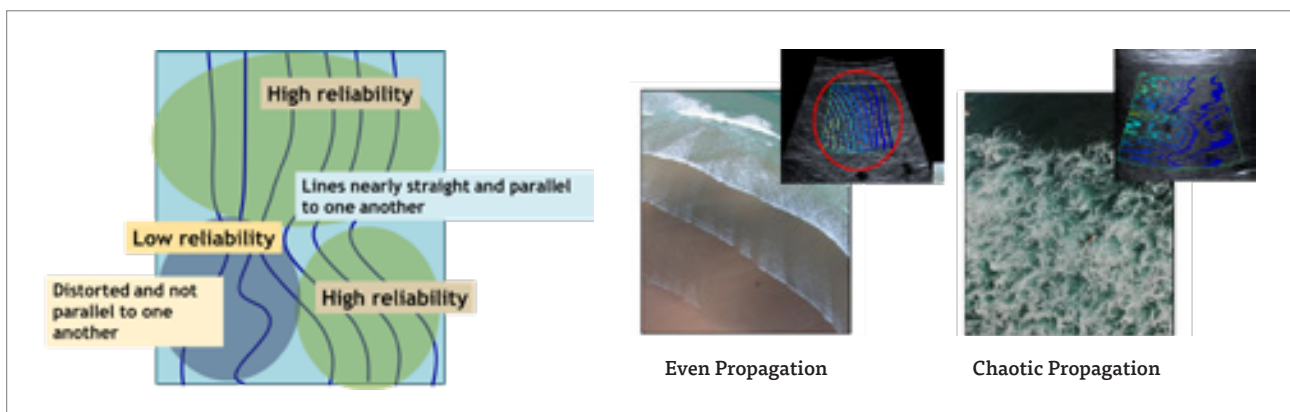


Figure 6. Reliability of propagation display based on the contour lines.



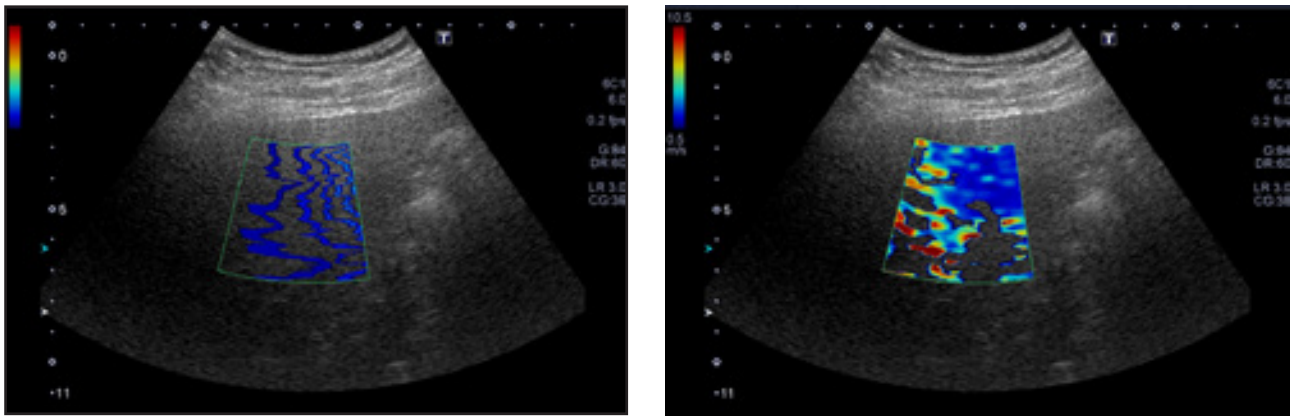


Figure 7. Patient with severe fatty liver. Parallel contour lines are observed in the upper-right part of the image in Propagation Map. The measurement data can be verified to be reliable in such areas.

demonstrated the intralesional stiffness and the propagation map showed that the arrival time contours were more consistent, enabling a better interpretation of SWE acquisition. With the thin slice beam, there are fewer artifacts from structures such as vessels.

Quadrant view (Quad View) for SWE is available on Aplio i-series and allows simultaneous observation of the Speed/Elasticity Map, Propagation Map, Gray Scale and Dispersion Map, which is a new application for assessing liver viscosity (Fig 9). The quantification of shear wave speed, shear wave elasticity and dispersion are displayed in QuadView, facilitating diagnostic efficacy as clinicians can perform comprehensive analysis by investigating different tissue characteristics.

### Clinical value of SWE for assessing liver stiffness

Clinical cases of patients with different fibrosis staging were obtained at our institution in the period from January, 2014 to April, 2016. The liver stiffness was measured using two different ultrasound models and liver biopsy was performed. The correlation between the two ultrasound models were then compared. SWE results collected from Aplio i-series and Aplio 500 was compared with METAVIR Score (Fibrosis/Activity) from liver biopsy. In addition, the cutoff value for liver cirrhosis was obtained from the clinical evaluation.

Following is a case of F1/A1 (chronic hepatitis) and a case of F4 (cirrhosis), with shear wave velocity of 1.51 m/s and 3.32 m/s respectively (Fig 10). Based on the color scale, color changes from blue to yellow/red when the shear wave velocity increases. The contour lines in the Propagation Map are widely separated in F4. Both cases exhibit uniform propagation of shear waves. Large structures such as blood vessels are not mapped.

Transient elastography (TE, FibroScan) is currently considered as a gold standard for fibrosis staging. It is reported that stiffness measured by TE is proportional to the risk of developing liver cancer, proving the importance of assessment on liver stiffness. An excellent correlation coefficient of 0.90 was obtained when comparing SWE with TE, demonstrating SWE as a reliable tool for analyzing fibrosis.

When evaluating liver stiffness with SWE, the shear wave velocity (m/s) increases as fibrosis progresses from F0 to F4 and there is a statistically significant difference between different fibrosis stages. In recent years, there has been an increasing trend in patients with liver inflammation, such as NASH and hepatitis.

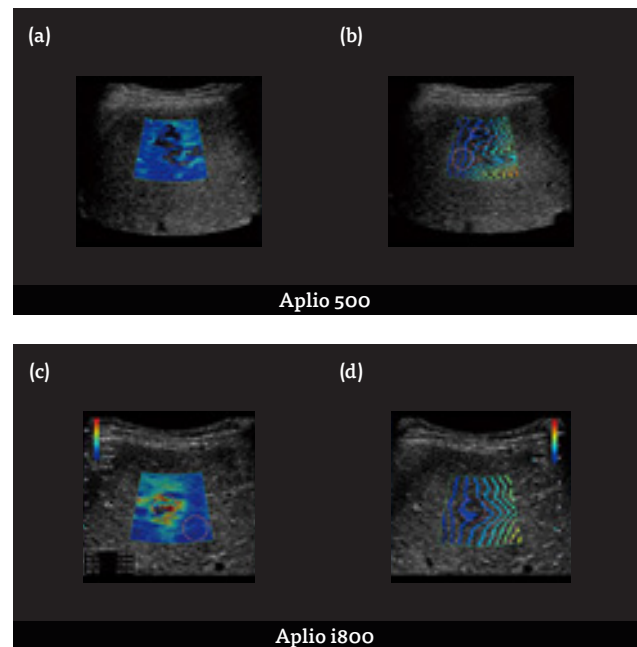


Figure 8. Comparison of Aplio 500 and Aplio i800 in a case of a 50 year-old female with liver metastasis.

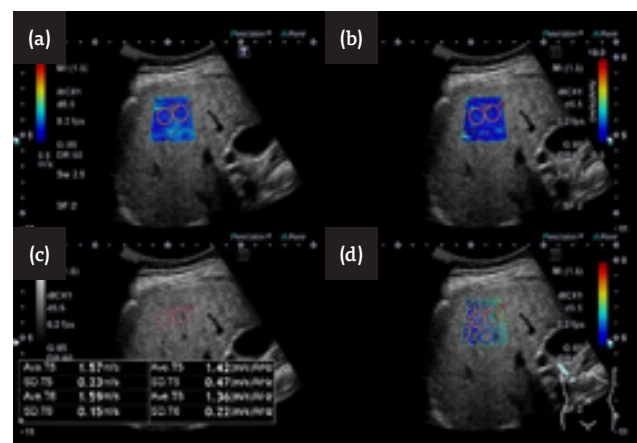


Figure 9. Shear Wave Elastography in QuadView: 70F, F3 NASH (a) SWE (b) SWD (c) Grayscale (d) Propagation map.

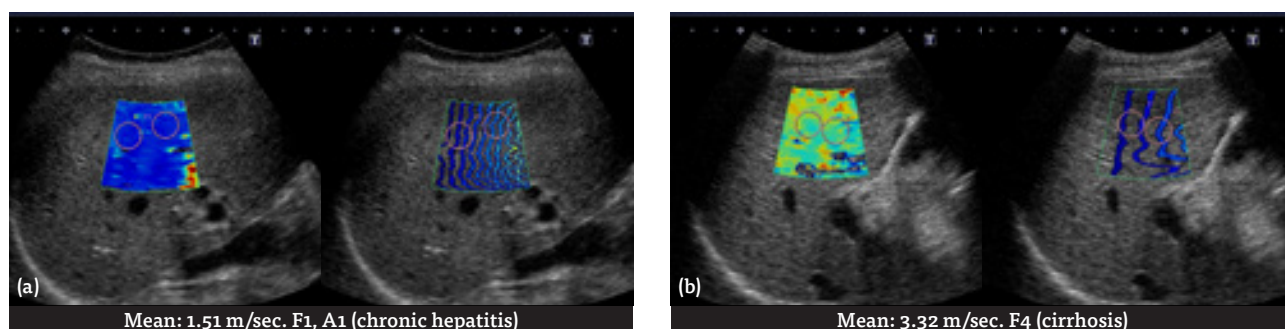


Figure 10. (a) A case of chronic hepatitis and a case of (b) cirrhosis.

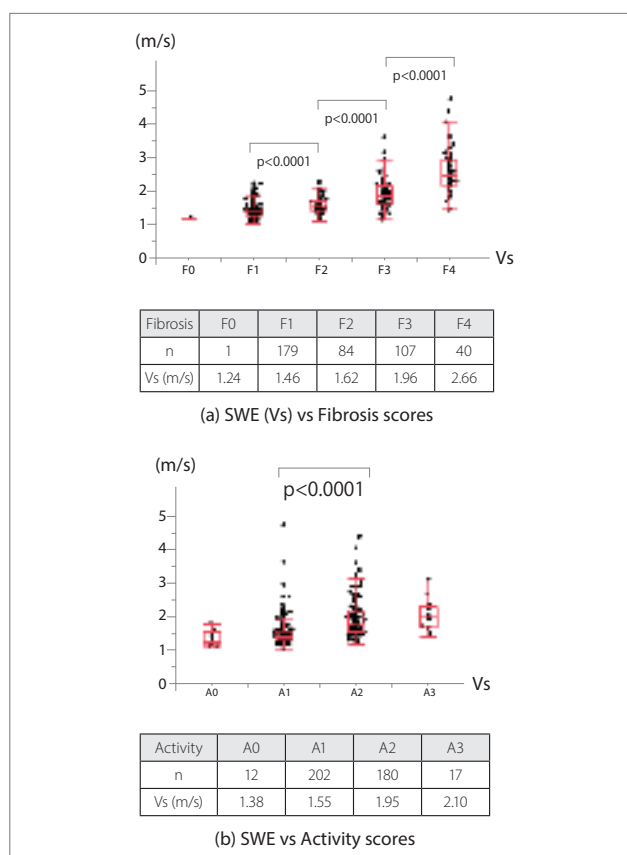


Figure 11. Comparison of SWE with liver biopsy using Metavir Score on fibrosis or activity.

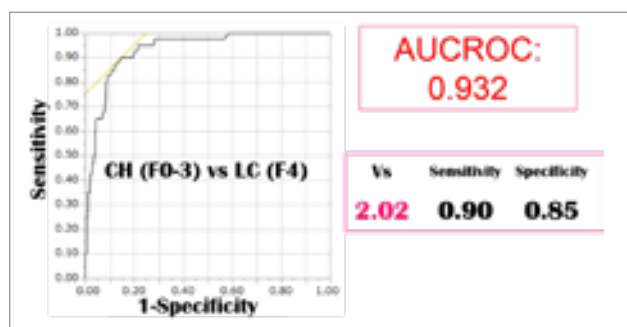


Figure 12. ROC curve for the diagnosis of liver cirrhosis using SWE. Area under the ROC curve is 0.932, demonstrating results with excellent diagnostic accuracy. Cutoff value for F1-F3 vs F4 is 2.02, assuming F4 to be positive.

Fibrosis progression in chronic hepatitis is commonly accompanied by inflammation. However, there is only a statistically significant difference between A1 and A2.

Based on the results obtained at our institution, the cutoff value for cirrhosis in SWE is 2.02 m/s. Patients who exhibit a shear wave velocity equal or higher than 2.02 m/s suggests a diagnosis of liver cirrhosis. The area under the ROC curve was 0.932, demonstrating the excellent diagnostic accuracy of SWE on examining cirrhosis.

## Conclusion

Aplio SWE was found to be a reliable and effective tool for diagnosing fibrosis. SWE demonstrated excellent correlation with the state-of-the-art technologies, including liver biopsy and TE. Through clinical evaluation, it was confirmed that the shear wave velocity measured by SWE increases proportionally with the degree of fibrosis.

The propagation map makes it possible to observe whether the shear waves propagate smoothly through the liver tissue, allowing the reliability of the obtained data to be verified. With Aplio, it is expected that reliable data can be obtained in a single examination by observing the shear wave arrival time contours.

The elevated sensitivity in SWE data acquisition with Aplio i-series and QuadView functionality enable clinicians to perform SWE exams quicker and simpler. //

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# The new Aquilion Prime SP in Bradford, from fast patient throughput to robust cardiac scanning and its new diagnostic capabilities

Dr. Mark Kon

The Aquilion™ Prime SP at Bradford Royal Infirmary has enabled Consultant Radiologist Dr. Mark Kon and his team to improve efficiency and has expanded their clinical support in normal daily practice as well as advanced specialist applications. The Aquilion Prime SP from Canon Medical features new hardware and software systems that enable enhanced auto positioning of patients, helps optimize image quality, scan protocols and patient dose, and saves radiologists significant amounts of time.

“The Aquilion Prime SP is a robust CT scanner for any radiology department performing large numbers of routine scans daily. Our radiographers find the system very easy to learn and to work with,” said Dr. Kon. “The automated protocols, including those that enable us to remotely correct patient positioning, scan efficiently and automatically deliver reconstructed datasets to our PACS. The scanner also has a wide range of advanced applications that enables my radiology colleagues to explore their special interests.”

## The right balance between image quality and dose for each patient with the new <sup>PURE</sup>ViSION Optics

The basis of <sup>PURE</sup>ViSION Optics is a completely redesigned X-ray system, from photon generation to beam distribution and detection. The <sup>PURE</sup>ViSION Optics featured in the Aquilion Prime SP bring routine imaging to new levels of low contrast resolution and image detail – all at the right dose for each clinical question.

“For standardized examinations we have measured a 30-50% reduction in radiation exposure using <sup>PURE</sup>ViSION Optics. We were surprised that even with this reduction in radiation dose, the images showed less noise. The beam is simply ‘cleaner’ and more efficient,” said Dr. Kon. “This advance in hardware technology has realized significant dose saving and improved quality image without any adjustments to the existing imaging protocols.”

## Effortless auto positioning of patients

Today’s busy clinical environment requires a reliable scanner that helps to optimize the workflow, this is what the auto-positioning tool of the new Aquilion Prime SP will do. It allows radiographers to quickly optimize the set-up of each patient, repositioning is done from the control room without the need to enter the scan room again. Auto positioning enhances daily workflow, reduces dose, optimizes image quality and increases the safety for the patient as well as for the radiographer.

“While our radiographers are trained to position the patient using laser guides, the auto-positioning tool is more intuitive and accurate. Height and lateral table adjustment from the control room assures quick and accurate patient positioning. As no physical exercise from patient or radiographer is needed the auto-positioning tool is extremely comfortable for everyone” explained Dr. Kon.

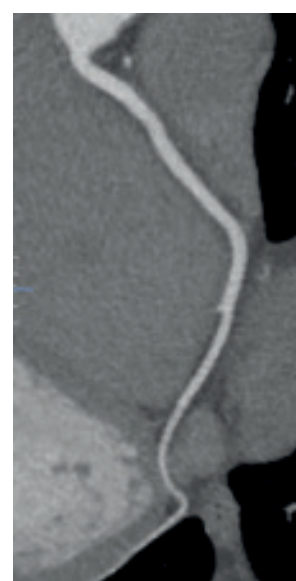


Figure 1:  
Coronary CT Angiography.

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### Automatically optimized exposure settings with SUREkV

SUREkV is another tool that enhances workflow, it automatically selects the most suitable kV based on the patient size. Thanks to the automatic kV selection, SUREkV can help to reduce the amount of contrast media used in both routine imaging as well as CTA scans. SUREkV works seamlessly together with all dose reduction technologies offered by Canon Medical ensuring consistent image quality and lowest possible dose for each individual patient.

“We have found that kV proposals made by the SUREkV tool match our clinical expectations for specific patient body sizes. In daily practice we now rely on this system for nearly all our examinations,” remarked Dr. Kon.

### Performing three separate scans into one simple acquisition with 3 phase vHP

Three phase variable helical parameters (vHP) reduces examination times and has the potential to save radiation dose and contrast dose. It speeds up planning and scanning examinations and combines gated and non-gated scanning. vHP in routine staging scans can also optimize dose and image quality. Furthermore, it can avoid patients having to return for an additional contrast enhanced scan on the next day.

In the context of specialist cardiothoracic applications, the vHP protocols can include an ECG gated scan for high quality imaging of the aortic arch, aortic root and coronary arteries while other areas in the same protocol are scanned with normal or low dose helical protocols.

“For example, we use vHP for elective TAVR assessment and in emergency assessment of acute aortic syndrome,” said Dr. Kon. “Being a single acquisition, vHP allows a single contrast injection for a thorax/cardiac/abdomen scan minimizing both contrast volume and radiation dose. vHP facilitates reconstructions of the entire aorta for detailed measurements and a 3D anatomical representation for interventional planning, which are appreciated by our physicians and surgeons.”

“With our previous CT scanner, we acquired two body areas, such as the chest and abdomen using two different protocols because the acquisition parameters and contrast phases are different. With the Aquilion Prime SP's variable helical parameters, we set the scan parameters per area acquiring both phases in one procedure using one contrast injection,” remarked Dr. Kon.

### Robust and automated Cardiac CT – adaptive and easy

The Aquilion Prime SP SURECardio offers prospective scanning for low dose of coronary CTA scanning. When during scanning the heart rate changes to above 65 bpm SURECardio automatically adds 'padding' for best phase reconstruction, when the heart rate drops SURECardio returns to prospective scanning again. Cardiac scanning becomes easy for radiographers; they can use only one SURECardio protocol for all their cardiac patients, the rest occurs automatically.

### How the Prime SP deals with bilateral hip prosthesis

In an aging population the number of patients with metal implants increases. These implants can often cause significant imaging artifacts that impair the ability to see adjacent structures.





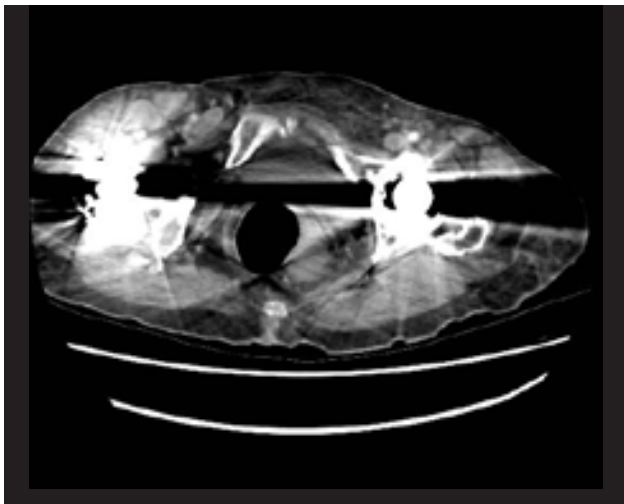


Figure 2: Non-SEMAR reconstructions for soft tissue.

With SEMAR (Single Energy Metal Artifact Reduction) metallic artifacts are dramatically reduced. When metal implants are seen in the scanogram images SEMAR can be turned on before reconstruction starts, reducing the need for extra reconstructions.

“With SEMAR on the Aquilion Prime SP we do not need to perform special or repeat scanning over areas with heavy metal, saving scanner time and patient dose. SEMAR is very useful when scanning patients with bilateral hip prostheses as pathology in the bone and immediately adjacent soft tissue are rendered visible. As the image reconstruction is fast, we use SEMAR whenever we think it could improve image reading,” explained Dr. Kon.

### Identify Uric Acid for appropriate treatment with Dual Energy

Dual energy CT (DECT) imaging can be used to characterize the nature of radio-dense opacities in the context of uro-radiology, or in musculoskeletal (MSK) imaging.

“DECT helps my colleagues, specialized in MSK, to identify uric acid associated with gout and enables appropriate treatment to be started,” said Dr. Kon. “Similarly renal calculi may undergo further

characterization with DECT to identify uric acid stones. Patients with uric acid stones may be treated by alkalinization of urine to help dissolve acute calculi without the need for complex treatments”



### Zero click calcium free imaging with <sup>SURE</sup>Subtraction Angio

Subtraction angiography brings most benefit in areas where bone or calcification makes diagnosis of contrast enhanced studies difficult. Using a single protocol a bone- and calcium-free dataset is presented without the need to manually post-process the dataset.

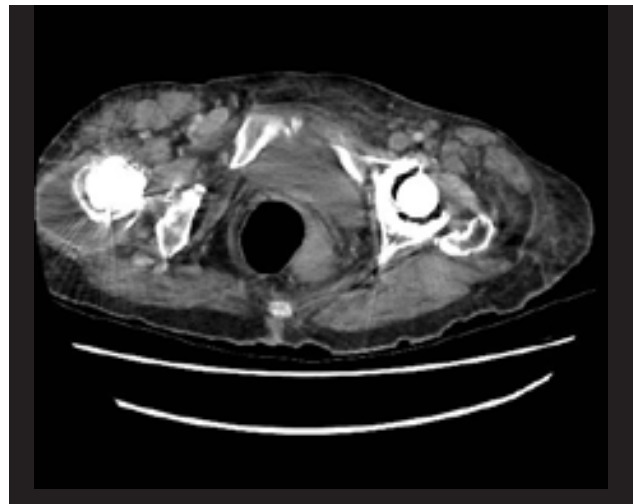


Figure 3: SEMAR reconstructions for soft tissue.

“We have seen a significant improvement in the cleanness of images using <sup>SURE</sup>Subtraction Angio, Dr. Kon said. “In vascular radiology we use <sup>SURE</sup>Subtraction Angio as the primary tool for acute presentations of the ischemic limb while our surgeons find <sup>SURE</sup>Subtraction Angio very valuable in understanding their patients' vascular anatomy and making management decisions.”

### Complete clinical capability with the new Aquilion Prime SP

The new Aquilion Prime SP adds to Canon Medical's goal to develop technology that helps healthcare providers deliver fast and accurate diagnosis, improve treatment and patient care. The new Aquilion Prime SP offers an ideal imaging solution for any imaging need. //



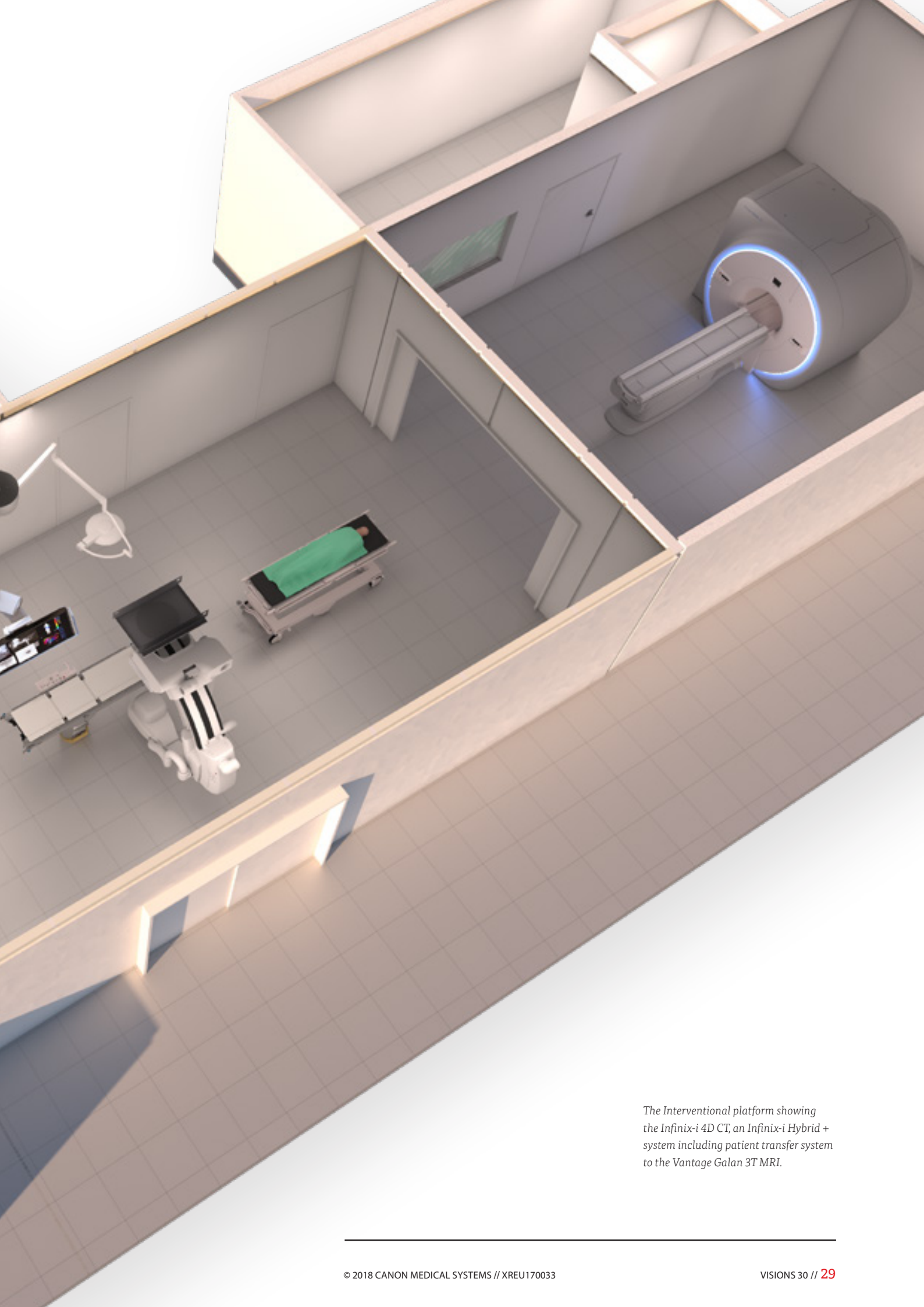
**Mark Kon**  
Consultant Radiologist  
at Bradford Royal  
Infirmary,  
United Kingdom

*VISIONS spoke with Dr. Urbaneja, from the Santa Elena Hospital in Malaga, Spain.*

# Unique interventional platform creates new opportunities for minimally invasive therapies







*The Interventional platform showing the Infinix-i 4D CT, an Infinix-i Hybrid + system including patient transfer system to the Vantage Galan 3T MRI.*

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With a unique, new imaging suite designed by Canon Medical Systems, the Santa Elena Hospital in Malaga, Spain, is able to advance Interventional techniques in Radiology and Cardiology, as well as image-assisted open Neuro, Spinal and Orthopedic Surgery.

**S**anta Elena Hospital is a specialized clinic in Torremolinos, Malaga, Spain. With its own highly skilled team, as well as many visiting global experts in the field of Interventional Radiology, the Hospital carries out an increasing array of cutting-edge Interventional procedures.

### Investment in Interventional Platforms

To support the advancing complexity of some of the interventional procedures used and to increase efficiency of the Radiology

Department, it has recently invested in an extensive new imaging suite, that will be equipped with state-of-the-art Interventional Radiology platforms from Canon Medical Systems. This brand new development has been coordinated by Dr. Alberto Urbaneja, Head of the Radiology Department at Santa Elena, together with Canon Medical Systems, to meet the growing requirements of the diverse range of specialties offered by the Hospital. These include Orthopedic Surgery, Neuro Surgery and Oncology applications, as well as those used in the treatment of cardiovascular conditions.

"We perform many cryoablation procedures, some of which require chemoembolization. Carrying out both these techniques simultaneously could make our work far more efficient. In addition, the combination of CT, fluoroscopy and 3D road-mapping is really useful for complex urinary and biliary cases, as well as for difficult aortic endovascular treatments," explained Dr. Urbaneja. "These combined and complex procedures, which are becoming increasingly prominent in our workflow, raised our interest in acquiring a system with combined CT and C-arm.



Dr. Urbaneja - Santa Elena.

A growing need for intra-operative 3D and MR imaging from our Neuro-Surgeons and Orthopedists presented another highly complex requirement. Canon Medical Systems is the only company that can provide systems with this exceptional level of integrated and innovative functionality."

### A Unique Solution

Initially, the team considered creating a single, hybrid operating room, containing a surgical table and a C-arm with CT, with an MRI scanner available in an adjacent room. However, Canon Medical Systems came up with a better concept to create two different hybrid rooms.

Over the past few months, detailed plans for the rooms were drawn up and 'brought to life' by the Hospital and Canon Medical Systems experts, who worked together in close collaboration on every aspect of the project.

One room in the imaging suite will be equipped with an Infinix™-i 4D CT from Canon Medical Systems that features a C-arm and a 640 slice sliding gantry CT on the same patient couch. A second room features a state-of-the-art Infinix™-i Hybrid +: a ceiling suspended robot combined with a surgical table. The surgical table has a movable top, which enables patients to be transferred easily after an Interventional procedure to the Vantage Galan™ 3T MRI scanner, located in a third room with sliding doors in the Interventional imaging suite.

"This combination not only fulfils all our Interventional requirements in Cardiology and Radiology, but also allows image-assisted open surgery (Neurosurgery,



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# “We are at the threshold of a very important step in modern medicine.”

Spinal- and Orthopedic Surgery),” remarked Dr. Urbaneja. “To be able to divide functionality and perform diagnostic and therapeutic imaging in different locations is a whole new concept in Radiology to us.”

The room with the Vantage Galan 3T MRI is the only in the suite with a double entrance. This enables examination of outpatient cases, when the system is not in use for intra-operative procedures.

“The double hybrid room configuration is the key success point of this project. With this new configuration, there is no longer a need to stop routine diagnostic work for interventions. It is possible to perform any technique 24/7,” said Dr. Urbaneja. “Creating such a solution would not have been possible without the incredible collaboration that we experienced with Canon Medical Systems. We have received a great support from their expert team since the very beginning of the project.”

## **Infinix-i 4D CT Room**

The Infinix-i 4D CT room in the new interventional imaging suite will allow the Team to increase the volume of structural cardiac work that it performs (including procedures, such as TAVI, atrial appendage obliteration, IVC, and IAC). With major advances in the treatment of structural cardiac diseases anticipated in the near future, this will allow them to strengthen their cardiology services. Aortic procedures (such as TEVAR, AEVAR, and phenestrated AEVAR) are also carried out in the Infinix-i 4D CT hybrid room.

“All cardiac and aortic procedures are much easier with the new system,” said Dr. Urbaneja. “In the future, this could enable us to treat new indications using new protocols.”

“The Hospital is able to increase the volume and range of endovascular and ablative procedures that it performs with the Infinix-i 4D CT,” said Mr. Pablo Lucas, CFO at Santa Elena.

“Thanks to the expertise of Prof. Loose, we are able to treat vascular malformations with surgical intervention techniques,” remarked Dr. Urbaneja. “We anticipate that the number of cases, and the complexity of them will increase, along with requirements for combined simultaneous oncology embolization-ablation procedures, which will enable us to be much more selective and much more proactive in dealing with tumoral destruction, lowering the rate of complications in cancer patients.”

One other emerging area of Interventional therapy that the Hospital is very active in is the combination of cryoablation and immuno-therapy.

“We are participating in an international project coordinated by Dr. Lugnani, from Italy, who is an expert in cryoablation and immuno-therapy with dendritic cell infusion.”

## **Infinix-i Hybrid + Room**

Open surgical procedures are performed using the Infinix-i Hybrid + equipped with a surgical table available in the other purpose-built room in the new Interventional suite. Using this system, Cone Beam CT and 3D images that facilitate all orthopedic work can be easily obtained, making vertebroplasties, transpedicular and other types of screw placement much easier. Dr. Urbaneja anticipates that the treatment of bone lesions (which are mainly tumoral), and other orthopedic techniques, will become totally percutaneous. Orthopedist, Dr. Seara, expects that many surgical protocols will be revisited with intraoperative 3D and MRI imaging.

Intra-operative functional imaging is also very interesting for Neurosurgery applications according to Dr. Arraez, who leads the Neurosurgery Team. High-definition angiographic imaging will be added to conventional neuro-navigation and post-operative control, a new image-guided pain-control techniques are an interesting area for the future for the NeuroTeam.

## **Vantage Galan 3T MRI Room**

The Vantage Galan 3T provides outstanding image quality combining wide coverage (up to 50 x 50 x 45 cm) and visualization of the smallest details. With the Vantage Galan 3T, Canon Medical Systems offers a state-of-the-art MRI system that incorporates a wide bore without compromising image quality. Using the separate MRI room in the suite, MRI scans are carried out at the end of surgery to minimize complications for the patient. The use of the Atlas SPEEDER coil concept facilitates both diagnostic and interventional applications without further investments.

## **An era of minimally invasive therapy**

The surgeons at Santa Elena are just beginning to utilize interventional techniques in a surgical setting. Dr. Urbaneja envisages that as they become more familiar with them, procedures will become less invasive and more image-based.

“We are at the threshold of a very important step in modern medicine,” he concluded. “Imaging techniques over the past decades have revolutionized diagnosis, but therapeutic techniques are now rapidly evolving. Image-guided interventions will contribute to more precise and less invasive ways to perform surgery. We are entering the era of minimally invasive therapy.”

Dr. Alberto Urbaneja trained as a Radiologist in Malaga, Spain, and Ohio, in the US. Becoming fascinated by Interventional Radiology in subsequent years, he specialized in Cardiovascular and Neuro Interventional Radiology techniques after further studies in the US and Spain. He now heads the Radiology Department and Cardiovascular Interventional Unit at Santa Elena, together with his brother, Dr. Eduardo Urbaneja. //

# Improving 'standards of care' in CT for animals: split-bolus single-pass multi-phased abdominal CT

Aquilion™ CT scanner enables specialist veterinary practice in the Netherlands to develop an innovative split-bolus contrast technique with the potential to become a new standard in veterinary medicine.

Veterinary medicine has advanced enormously in recent years. With veterinarians now able to diagnose and treat a broader range of diseases than ever, specialist practices, like 'De Kompaan' – a referral-only clinic in Ommen, the Netherlands – must stay on top of new developments in imaging. Investing in a refurbished Aquilion 16-slice CT scanner from Canon Medical Systems has brought many benefits to the clinic, its patients and their owners. Notably, it has enabled Rob Gerritsen, Veterinary Internist and Owner of De Kompaan, to develop an innovative split-bolus contrast technique, which combines multiple phases into a single scan. Positive results from initial trials suggest that this technique has the potential to become a new standard in veterinary medicine.

## A Promising New Advanced Technique

Multi-phasic contrast-enhanced abdominal CT is used routinely in human medicine to visualize hyper- and hypo-vascular tumors,

hemangiomas and urinary-tract disease. In human applications, the technique involves administering a bolus of contrast to the patient and performing multiple scans at set time-points.

Unfortunately however, this procedure is complicated to perform on animals. Repositioning the scan table takes time and poses a problem, especially with small animals, because general anesthesia is required, preferably with respiratory arrest ('breath hold') to ensure high-quality imaging.

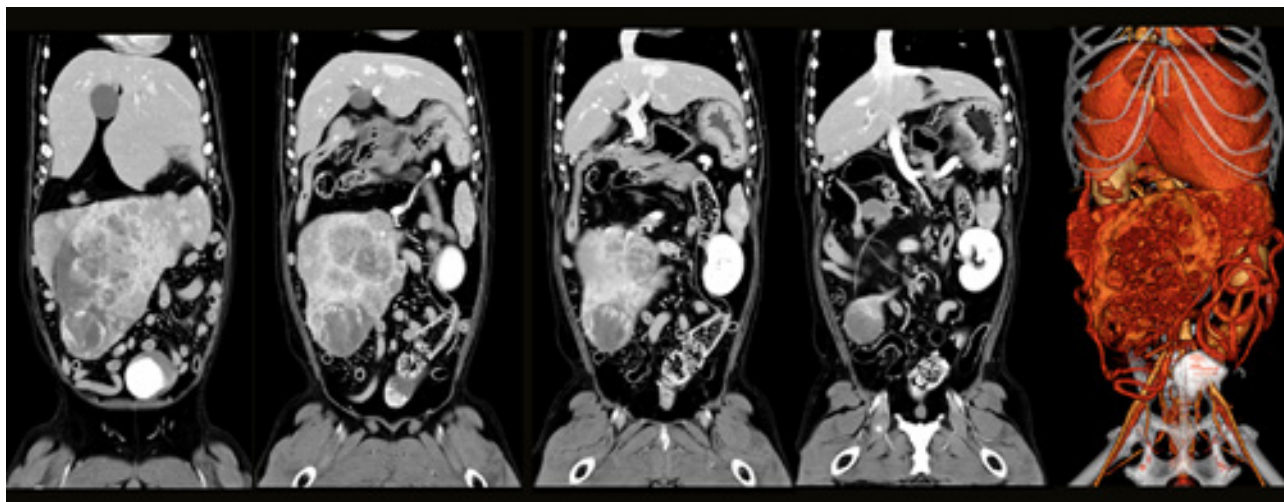
As a result, a single phase scan only is often performed in veterinary practice (with the exception of university clinics that might scan for research purposes).

Rob realized that a modified split-bolus contrast technique, already used in human medicine, combining multiple phases into one single scan, could eliminate these problems for veterinarians. He developed a weight-related veterinary protocol

for 'split-bolus single-pass bi- and tri-phasic CT' at De Kompaan, together with John van Gulik, Application Specialist at Canon Medical Systems Europe. While research into this new application continues, the initial results are promising.

Rob anticipates that visualizing multiple hemodynamic phases in a single scan using this 'new' technique could become a standard in veterinary medicine in the near future.

"Our protocol could be particularly useful in diagnosing and treating animals with oncology issues," he said, "since the full hemodynamic spectrum of a tumor process is revealed, as opposed to current conventional single phase scanning, which shows either the (hepatic) arterial -, the portal venous -, or the delayed phase. Of course, the split-bolus single-pass contrast technique can contribute to improved diagnosis, treatment and more reliable prognoses for animals with vascular anomalies or pulmonary embolism too."



Some first results of a split-bolus single-pass triphasic CT-scan in an 11 yr old mixed breed (Bernese mountain dog).





*Rob Gerritsen, Veterinary Internist and Owner of De Kompaan, Ommen, the Netherlands (right) and John van Gulik, European Application Specialist, Canon Medical Systems Europe (left).*

### **Veterinary CT: A Tool ‘Here to Stay’**

Alongside advancing research, the Aquilion CT scanner offers many additional benefits in daily practice at De Kompaan. Animals with suspected neurological disease, thoracic or pulmonary problems or malignancies benefit the most from the availability of the system at Rob's clinic.

In these cases, CT scanning completes the diagnostic work-up. Teleradiology services provide a possibility for CT-scans to be interpreted long-distance and at short notice by veterinary radiologists. They can help veterinary internists solve puzzles and enable veterinary surgeons to prepare operations and procedures with greater accuracy. On top of this, incidental scan findings can shed light on possible breed-specific problems that have existed for a long time, and consequently lead to new hypotheses.

Importantly, they also give pet owners the opportunity to make better informed decisions. Pet healthcare insurance in many European countries, including the Netherlands, is still an exception to the rule. As a result, for many owners, proper treatment and examination of a seriously ill pet remains something of a cost-benefit

trade-off, no matter how much they love their pets. It is essential for a referral-only clinic, like De Kompaan, to provide a diagnostic overview and results to referring colleagues and their clients quickly, so that the owner's (financial and emotional) budget

is spent wisely and the best result possible is obtained under the circumstances. In addition, to gain time and start treatment as early as possible, a significant part of the diagnostic work-up at De Kompaan is completed the day of the admission.



*Jack Russell terrier diagnosed and treated for renal tumor.*



### Diagnostics: Never Stop Questioning

It was quite a decision for Rob to invest in the Aquilion CT scanner in 2014. However, he was well aware that taking his practice to 'the next level' required advanced equipment and

a willingness to explore adjacent disciplines. At that time, the Aquilion was the most advanced veterinary CT scanner used in the Netherlands, and Secondlife (a refurbishment program of Canon Medical Systems Europe) made acquisition of the system possible.

"CT has been around for a while in veterinary medicine, especially in diagnostics for horses and companion animals, but the Aquilion CT scanner brings us brand new possibilities and enables us to do much more exciting work than just routine imaging," Rob concluded.



### De Kompaan

Rob Gerritsen began practicing as a Veterinary Specialist (dipl KNMvD) in the early 1990s. He founded 'De Kompaan' (Dutch for 'companion') as a referral-only veterinary clinic in 1997, at a time when specialist veterinary services for pets were still rather rare. His curiosity early on took him from echo(cardio)graphy to blood-banking, and from gastro-intestinal examinations to CT. His clinic offers a full spectrum of internal medicine services as well as thoracic- and soft tissue surgery. De Kompaan is one of a few veterinary clinics in the Netherlands to offer pacemaker implants and is about to start interventional cardiology. //



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Canon Medical Systems partners with Futbol Club Barcelona to aid in the prevention and management of injuries via leading-edge imaging that supports accurate diagnosis and treatment. Through high performance partnerships such as these, Canon Medical Systems aims to assist in the transfer of knowledge and expertise that allows everyone to maximize their sporting enjoyment, whether amateur or professional.



Canon Medical Systems offers a full range of diagnostic medical imaging solutions.



# Celesteion PET-CT — making a difference with dual modality imaging

The Clinica Creu Blanca Diagnostic Group in Barcelona, Spain, is the first clinic in Europe to use Canon Medical System's new Celesteion PET-CT Scanner. Dr. Xavier Alomar, Head of the Diagnostic Imaging Department at the Clinic, explains how the new system has opened up a large field of diagnostic possibilities for the Group in Metabolic Medicine in Oncology, Neurology, Cardiology and Musculoskeletal applications.

**T**he Clinica Creu Blanca Diagnostic Group provides a wide range of diagnostic medical services, with follow up and treatment carried out externally. It has four clinics in Barcelona and two in Aragon in Spain. To achieve the high standards expected of it, the Group employs the latest technologies-applications available, and has an extensive and dynamic team of expert Radiologists and Nuclear Medicine specialists.

"We have 30 Radiologists, three Nuclear Medicine specialists, and more than 40 Radiographers," said Dr. Alomar. "As I am not an expert in this specific area, my own role in the Nuclear Medicine Department is to stay up to date with the latest advances in this specialty, and importantly, to integrate PET and CT modalities into the Department to ensure that our patients have the best diagnosis possible. We have some of the best Nuclear Medicine specialists in Barcelona on our Team: Dr. Francesc Porta, who is responsible for the Department; Dr. Carles Lorenzo, who is specialized in Oncology and Neurology; and Dr. Santiago Aguadé, who is specialized in Cardiology."

## Celesteion PET-CT

The Celesteion PET-CT from Canon Medical Systems is the first PET-CT scanner that the Group has ever acquired, and it makes a big difference in their work.

"As this is the one of first PET-CT that Canon Medical Systems installed in Europe, we initially expected some extra time in the processes of installation and set-up of the system, but positive feedback from others who have already worked with the Celesteion was very reassuring.

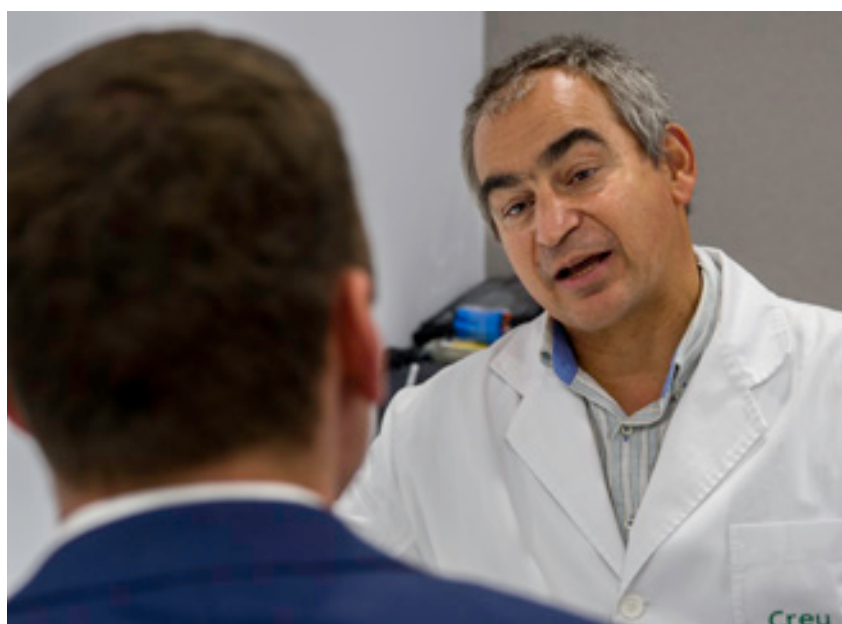
We are very satisfied with the support given by Canon Medical Systems from the start of the project. Engineers and Application Specialists from Canon Medical's local organization, European Headquarters and Japanese Business Unit were involved, and the Canon Medical Team worked very hard to get the system up and running within schedule," continued Dr. Alomar. "As in the installation of other Canon Medical imaging equipment, we trusted Canon Medical Systems, and I have to say that the Celesteion has proved very reliable and stable from the beginning to this first year of use."

Although the specialist team within the Group have almost 20 years of experience in

Nuclear Medicine and have diagnosed more than 40,000 thousand patients, even some of the most experienced specialists required some training in using the new system.

"Training our Radiographers in PET-CT was easy, as they were already familiar with CT systems from Canon Medical," remarked Dr. Alomar.

The PET-CT Team at the Group now comprises of Radiographers and Nuclear Medicine specialists: Dr. Francesc Porta (Head of Department + Oncology); Dr. Carles Lorenzo (Oncology and Neurology); Dr. Santiago Aguadé (Cardiology); Dr. Antoni Salvador, Dr. Jonathan Taboada, and Dr. Xavier Alomar (Abdominal CT).



Dr. Xavier Alomar, Head of Radiology, Clinica Creu Blanca, Barcelona, Spain.



Dr. Porta and Dr. Aguadé.

### High-Quality Dual Modality Imaging for a Wide Range of Diagnostic Applications

Now adept in use of the system, the Nuclear Medicine Team uses the Celesteion daily to perform examinations in a wide range of applications.

“In Oncology, we use the PET-CT scanner to detect cancer and metastatic lesions, to assess the effectiveness of treatment plans or therapies, and to perform follow-up,” explained Dr. Alomar. “In Neurology, we use it to evaluate brain abnormalities, memory disorders, seizures and other Central Nervous System disorders. In Cardiology, we can determine blood flow to the heart muscle, to assess the effects of a heart attack or myocardial,

cardiac viability, endocarditis and sarcoidosis. In some areas of the heart, it can help identify areas of the heart muscle that would benefit from procedures, such as angioplasty or coronary artery bypass surgery.”

The Celesteion PET-CT scanner is also used to explore new applications in many diagnostic and therapeutic areas.

“We continuously seek new applications, such as in lung node characterization, early diagnosis of Alzheimer's disease, and other areas. And we anticipate that new applications involving radio pharmaceuticals will emerge in Cardiology and other disciplines. We are expecting local authorities to approve the use of new radio pharmaceuticals soon

### Celesteion PET-CT Features

CT	PET
90cm bore	88cm bore
70cm field-of-view	Transaxial Field of View 70cm
0.5 second rotation	Axial Field of View 19.6cm
0.5mm x 16-row detector	394 ps (typical) Time-of-Flight-resolution
32 slice reconstruction	Number of crystals 30720

and see great potential in Nuclear Medicine combined with other modalities in the coming years.

For example, we are thinking of combining fusion images from PET-CT with MRI examinations. In this case, it will be important to have highly accurate registration software.” said Dr. Alomar. “In addition, we are collaborating closely with the Canon Medical Team at different levels on developing elements of the Celesteion scanner. We work with the local Spanish Canon Medical organization; the European Team; and with the Japanese Engineers. We have already successfully developed a new Cardiac synchronism, together with the Japanese Engineers.”



Mrs. Maricruz (Radiographer) in the control room.

### Delivering on the Promise to Patients

With the ultimate goal to offer accurate and fast diagnostics to facilitate the most convenient treatment for its patients, the Clinica Creu Blanca Diagnostic Group is delighted with its new PET-CT system.

“The Celesteion PET-CT brings us new possibilities to deliver on our promise to our patients, as well as improved accuracy, increased efficiency, and more comfortable examinations through a patient-centered design that provides a better, safer patient-and physician experience,” concluded Dr. Alomar. “It was a nice surprise to see how easy it was working with the new system from the beginning.” //

## Comprehensive tools for the evaluation of diffuse liver disease

Shear Wave Dispersion Imaging (SWD)

Shear Wave Elastography (SWE): p.20

Attenuation Imaging (ATI): p.54

# Preliminary clinical experience with shear wave dispersion imaging for liver viscosity

Dr. Katsutoshi Sugimoto

Shear Wave Elastography (SWE) provides a quantitative measurement and real-time display of tissue elasticity. Literature reviews demonstrate that SWE is a fast and effective method for assessing liver fibrosis, though there is limitation when assessing patients with inflammation or steatosis.

The main cause of the limitation is that viscosity properties are neglected in current algorithms for quantifying liver elasticity. In reality, liver tissue exhibits viscoelastic characteristics and the propagation of shear waves in the liver depends on both elasticity and viscosity. It is reported that liver diseases such as nonalcoholic steatohepatitis (NASH), non-alcoholic fatty liver disease (NAFLD) or acute hepatitis, will increase the viscosity of the liver and this might affect stiffness assessment. Accurate stiffness quantification for liver diseases associated with steatosis and inflammation is therefore challenging. Early detection and treatment for acute hepatitis and the highly prevalent fatty liver allows the opportunity to reverse the deterioration. As a result, early detection is critical to take liver viscosity into account.

Shear Wave Dispersion Imaging (SWD), a new imaging technology, has been developed on the Aplio i-series for assessing the dispersion of shear wave, which is related to the viscosity properties in diffuse liver disease. In this paper, the feasibility of liver viscosity evaluation using SWD is studied through preliminary clinical evaluation.

## Shear Wave Dispersion Imaging on Aplio i-series

Shear Wave Dispersion Imaging can be activated automatically in the Shear Wave Elastography mode. A Dispersion map provides visualization of the dispersion slope, which is a parameter directly related to viscosity. The calculated dispersion slope value (m/s/kHz) and its standard deviation are displayed. In SWE quad view mode (Fig 1), shear wave speed or shear wave elasticity (Speed Map, Elasticity Map), shear wave arrival time contour (Propagation Map), grayscale, and the dispersion slope (Dispersion Map) can be viewed simultaneously.

## Principle of Shear Wave Dispersion Imaging

Liver is viscoelastic and shear wave speed depends on both elasticity and viscosity. In rheological models of viscoelastic material, viscosity (Pa·s) is represented as a damper and elasticity is represented as a spring (kPa). Viscosity is the measure of resistance to relative shearing motion, i.e. similar to a damper, tissue exhibits movement under gradual deformation instead of sudden deformation. Elasticity measures the ability of tissue to resist deformation and return

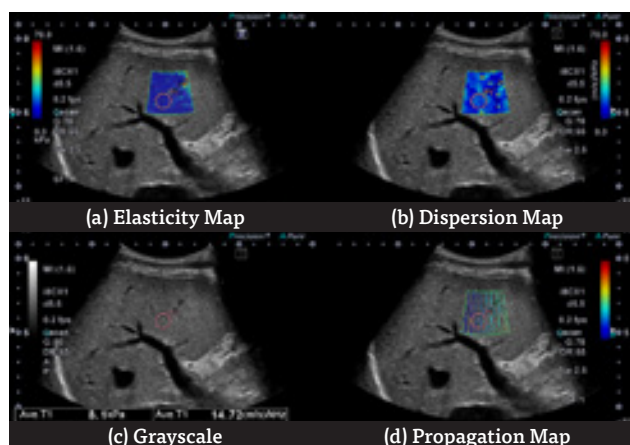


Figure 1. Quad View for SWE/SWD quantification. (a) Shear Wave Speed Map (b) Propagation Map (c) Grayscale (d) Dispersion Map.

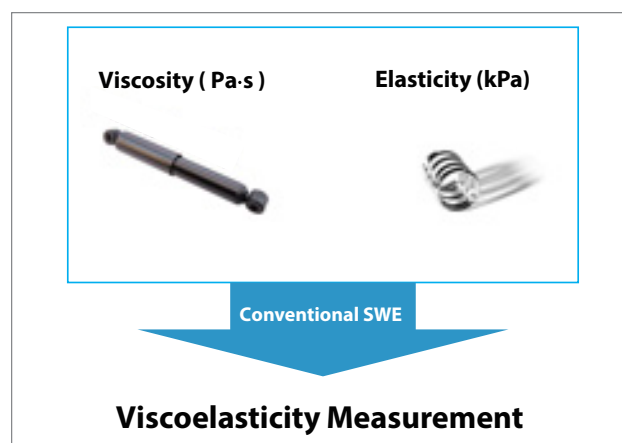


Figure 2. In rheological models of viscoelastic material, viscosity (Pa·s) is represented as a damper and elasticity is represented as a spring (kPa).



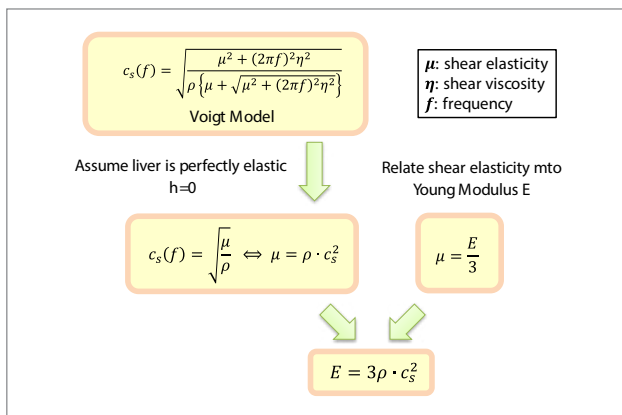


Figure 3. Current algorithm for obtaining Elasticity (kPa).

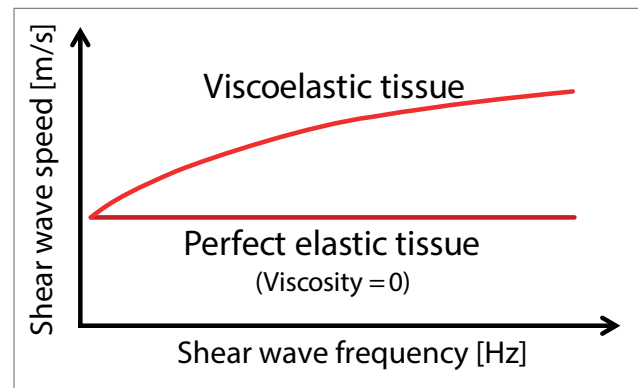


Figure 4. Relationship between shear wave speed and shear wave frequency in perfectly elastic tissue and viscoelastic tissue.

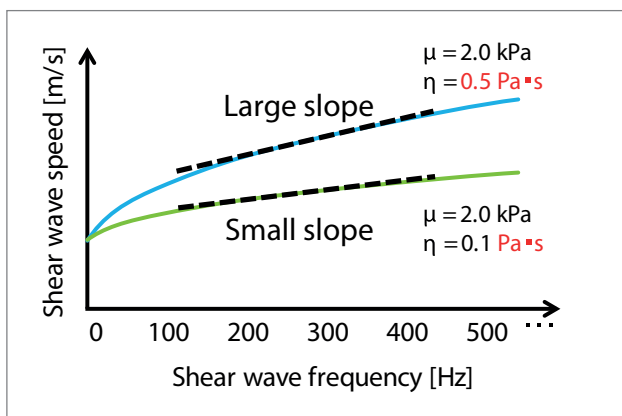


Figure 5. Viscosity and Dispersion (slope) have a positive correlation.

to its original state, i.e. similar to a spring which contracts under pressure and expands when the pressure is released. There are two common viscoelastic models: Maxwell, represented by a spring and a damper connected in a series; and Voigt, represented by a spring and a damper connected in parallel.

Similar to SWE for assessment of viscosity, SWD measures the shear wave propagation generated through tissue deformation caused by a "push pulse". In current algorithms for SWE (kPa) quantification, the viscosity properties are neglected. In an example for elasticity calculation with the Voigt model, liver tissue is assumed to be perfectly elastic, thus shear elasticity is calculated by neglecting viscosity. By relating shear elasticity and Young's modulus  $E$ , elasticity  $E$  (kPa) can be acquired from shear wave propagation speed (Fig 3).

In reality, liver tissue has viscoelastic properties. Chronic diseases such as hepatitis or steatosis are considered to increase liver viscosity. In viscoelastic tissue, shear wave speed experiences frequency dispersion, which describes the change of shear wave speed,  $c_s$  depending on its shear wave frequency,  $f$ . The relationship between shear wave speed and shear wave frequency is observed using the Voigt model, i.e. shear wave speed is plotted against its frequency with different shear elasticity and shear viscosity (Fig 4). In perfectly elastic tissue, shear wave speed is constant regardless of the shear wave frequency. However, in viscoelastic tissue, shear wave speed does vary depending on the frequency. At a constant shear elasticity, with increased shear viscosity, there is an increase of slope, i.e. the slope demonstrates the degree of frequency dispersion (Fig 5).

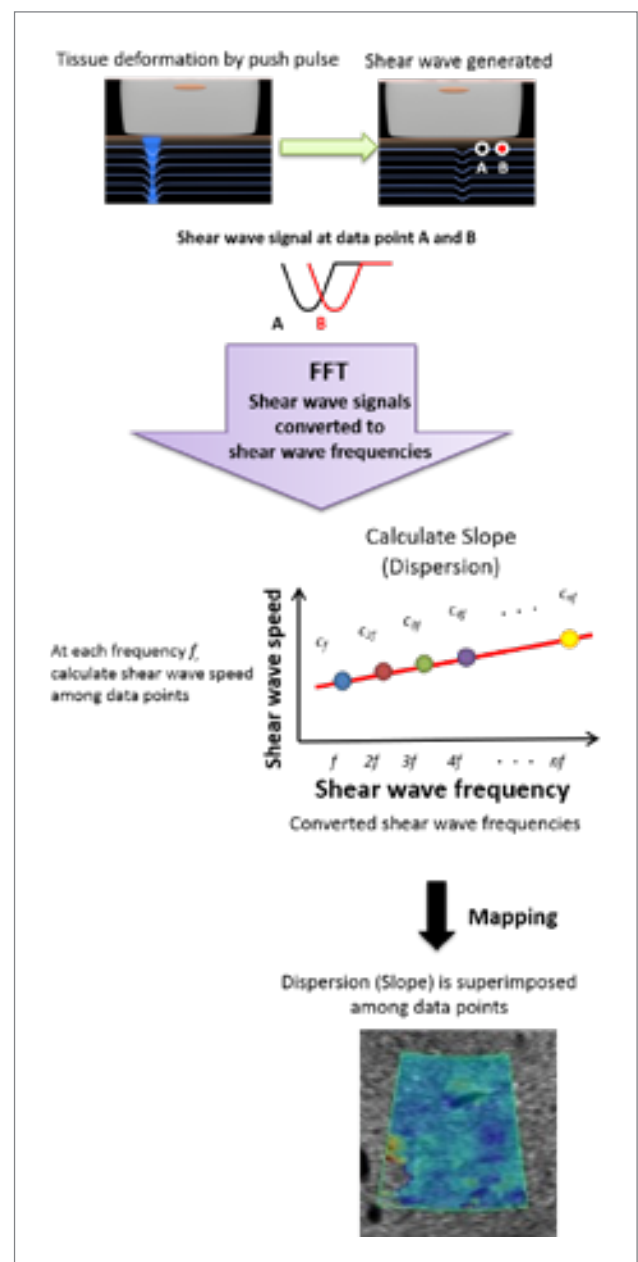


Figure 6. Schematic diagram of Shear Wave Dispersion Map Processing

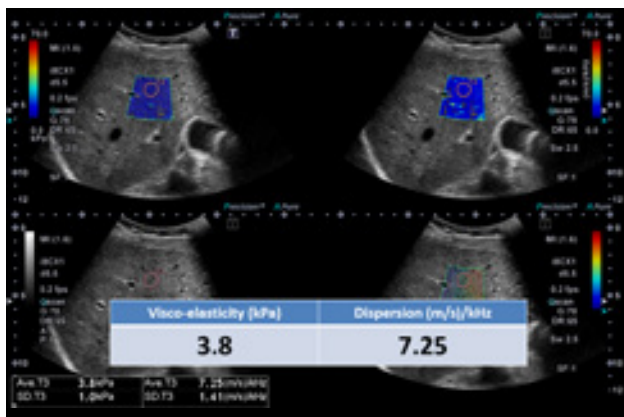


Figure 7. Case 1: Normal Liver PLT:  $309 \times 103 \mu\text{L}$ , AST: 19 U/L, ALT: 13 U/L, T-Bil: 0.4 mg/dL.

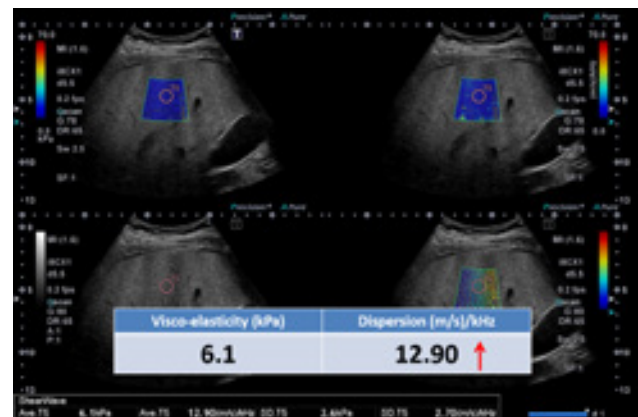


Figure 8. Case 2: NASH PLT:  $248 \times 104 \mu\text{L}$ , AST: 78 U/L, ALT: 172 U/L, T-Bil: 0.42 mg/dL.

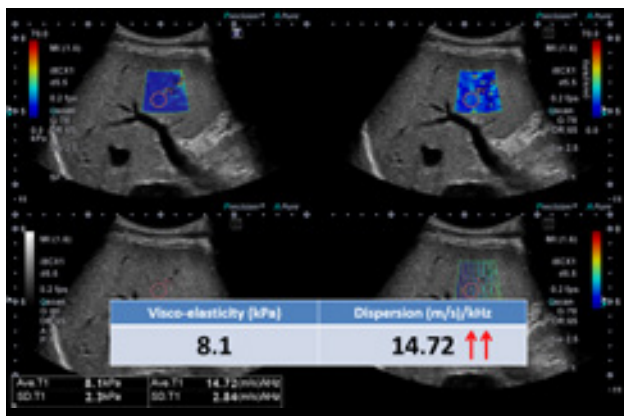


Figure 9. Case 3: Acute Hepatitis A infection PLT:  $134 \times 103 \mu\text{L}$ , AST: 6760 U/L, ALT: 7698 U/L, T-Bil: 4.59 mg/dL.

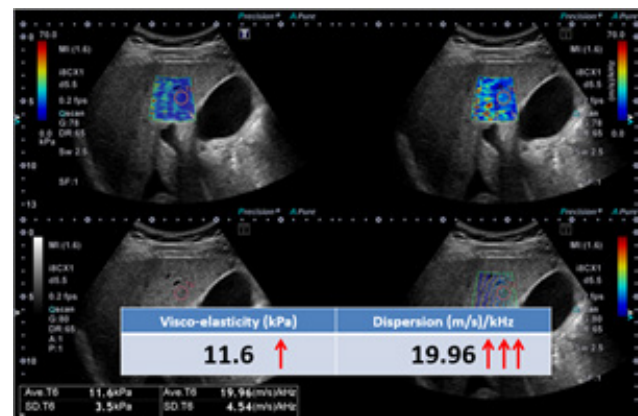


Figure 10. Case 4: NASH-LC PLT:  $4.6 \times 103 \mu\text{L}$ , AST: 48 U/L, ALT: 49 U/L, T-Bil: 1.10 mg/dL.

Dispersion and viscosity demonstrate a positive correlation. Shear Wave Dispersion Imaging (SWE) is an innovative imaging technology for visualizing the dispersion (slope). It should be noted that SWE does not calculate viscosity directly, however, SWE has the advantage of obtaining actual quantification of dispersion, which is a parameter directly related to viscosity.

### Shear Wave Dispersion Map

The Shear Wave Dispersion (SWE) Map provides visualization of the dispersion slope, allowing clinicians to estimate the viscosity of the liver.

Similar to SWE, a push pulse causes deformation of the liver tissue, generating shear waves. The displacement at each data point (A and B on Fig 6) is detected, time information and its displacement amplitude are acquired. By using a fast Fourier transform (FFT) algorithm, shear wave signals are converted to its shear wave frequency components. The shear wave frequencies obtained forms the x-axis for dispersion slope calculation. The shear wave speed is calculated for each frequency based on the displacement relationship among data points.

The shear wave speed calculated at each frequency is plotted on the y-axis. The slope of the shear wave speed is obtained as the dispersion value with a unit of m/s/kHz, representing shear wave speed versus shear wave frequency. Dispersion values are superimposed over the B-mode image and create the Dispersion map. By placing a measurement ROI on the Dispersion map, quantification of the dispersion

slope can be obtained, and viscosity of the liver can be estimated.

### Clinical Evaluation

In our preliminary clinical experience with shear wave dispersion imaging, we quantified the viscoelasticity using SWE and the dispersion slope with SWE on patients with normal liver (control group), non-alcoholic fatty liver disease (NAFLD), nonalcoholic steatohepatitis (NASH), chronic hepatitis (HBV, HCV, alcoholic), liver cirrhosis (HCV, alcoholic), and acute hepatitis. The following cases are based on our preliminary study.

Case 1 (Fig 7) is a normal liver and case 2 (Fig 8) is a liver with NASH. NASH is a type of steatosis that demonstrates histologic evidence of hepatocyte injury, including hepatocellular ballooning, lobular inflammation, and/or liver fibrosis. Compared to a normal liver, NASH shows a slight increase in elasticity but remains in the normal range. However, there is an obvious increase in the dispersion slope.

In a case of acute hepatitis A infection (Case 3, Fig 9), the highly elevated AST and ALT values in the blood test are accompanied with a slight increase in elasticity but significant increase in dispersion slope.

In a case of NASH-LC (Case 4, Fig 10), the B-mode image did not reveal the characteristics of a fatty liver. Instead, NASH-LC has a slightly higher elasticity but an extremely high dispersion slope. In a case of HCV-induced cirrhosis (Case 5, Fig 11), elasticity is

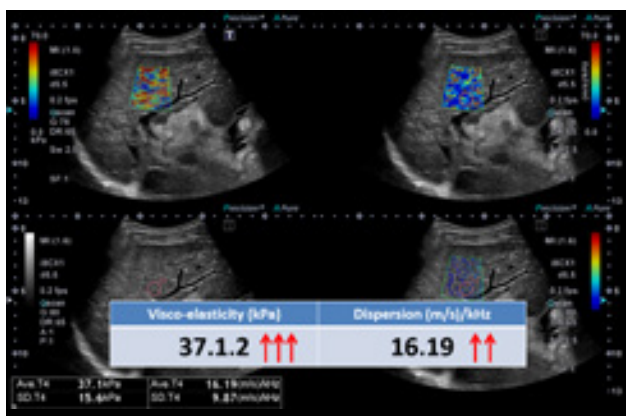


Figure 11. Case 5: HCV-induced cirrhosis PLT:  $113 \times 10^3 \mu\text{L}$ , AST: 85 U/L, ALT: 62 U/L, T-Bil: 0.94 mg/dL.

exceptionally high but with an obvious increase in dispersion slope. Compared with NASH-LC, HCV-induced cirrhosis has an exceptionally high elasticity but the dispersion slope is not as high. In contrast, the dispersion slope of NASH-LC is extremely high but accompanied with a moderate increase in elasticity. Further study is necessary to confirm the relationship between elasticity and dispersion slope results versus histopathology.

The effect of the etiology on the dispersion slope and shear wave speed is obtained from the clinical evaluation.

By sorting the results by etiology, a strong correlation can be observed (Fig 12). The results from NASH are grouped along a (yellow) slope which is tilting towards the dispersion slope axis, demonstrating that NASH has a stronger correlation with dispersion rather than shear wave speed. In comparison, data related to liver cirrhosis is mostly concentrated along the (green) slope which is tilting towards the shear wave speed axis, indicating that liver cirrhosis has a stronger effect on shear wave speed. Further clinical evaluation with a larger sample size is however recommended.

## Conclusion

The preliminary clinical experience with Shear Wave Dispersion Imaging (SWD) indicates that elasticity is a more effective parameter for assessing hepatic fibrosis while viscosity is more effective in assessing necroinflammatory change and fat deposition. In addition to conventional viscoelasticity imaging with shear wave, SWD is an innovative imaging technique that offers viscosity evaluation with a potential for additional pathophysiological insights on clinical evaluation of the liver. //

Dr. Katsutoshi Sugimoto  
Department of Gastroenterology  
and Hepatology, Tokyo Medical  
University, Japan

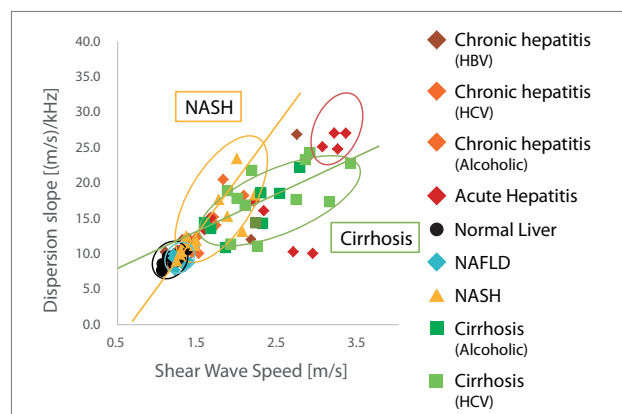


Figure 12. Correlation between Shear Wave speed and Dispersion slope in clinical evaluation.

## Reference

- <sup>1</sup> Sugimoto, K. (2017). Assessment of liver elasticity and viscosity using shear waves induced by ultrasound radiation force: a study of hepatic fibrosis and inflammation in a rat model. ECR 2017. EPOS™ C-2529.
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# Transforming Cardiothoracic Imaging – The Aquilion ONE GENESIS Edition and FIRST

Dr. R. Bull

Increasing demands for specialist imaging applications have led to the development of new scanning software and algorithms that is transforming cardiothoracic imaging. Canon Medical Systems has recently introduced a unique range of CT solutions that help cardiothoracic specialists face the challenges of ever-increasing patient throughput, and a rapidly changing clinical field.

**D**r. Bull, consultant radiologist at the Royal Bournemouth Hospital explains how the new solutions have brought about broad-ranging improvements in their imaging capabilities.

“We acquired a new Aquilion ONE™ GENESIS CT scanner from Canon Medical Systems in May, and are very pleased with the new possibilities that the system has brought,” he said. “CT is a much quicker and easier modality for cardiothoracic imaging and is replacing other modalities such as catheter angiography and cardiac MRI for many indications. CT enables us to reliably diagnose and exclude some conditions, such as LA thrombus, which is not possible to achieve with MRI. This is now possible at radiation doses comparable to standard plain films. It is very rare indeed for a patient to need a standard diagnostic cardiac cath following a CT scan, as CT is now so reliable in producing excellent anatomical images.”

The benefits of unique solutions, such as PUREVISION Optics and the FIRST algorithm, which are available with Canon Medical's Aquilion ONE GENESIS CT scanner, have exceeded the expectations of the cardiothoracic imaging team at Bournemouth.

## A greater range of cardiac imaging

The GENESIS in Bournemouth includes Canon Medical's FIRST (Forward projected model-based Iterative Reconstruction SoluTion)

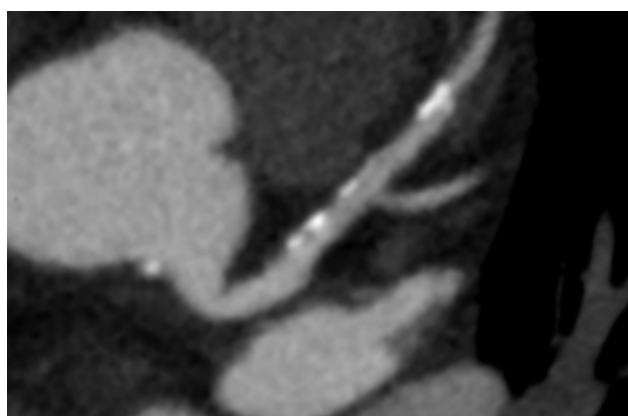
algorithm. FIRST makes ultra-low dose imaging a simple and automated process due to its full integration in the imaging chain. With this unique integration FIRST does not hamper daily workflow. The result of FIRST is dramatically improved image quality, better spatial resolution and less blooming artefacts.

“We now use FIRST routinely for all cardiac cases with no adverse impact on workflow or reporting time,” said Dr. Bull.

## Confident evaluation of stents

“Aquilion ONE GENESIS CT with PUREVISION Optics and FIRST have transformed stent imaging in our cardiac work. We now get much better spatial resolution and far fewer artefacts. This now allows us to confidently evaluate the vast majority of larger stents (>3mm), as well as many smaller ones,” remarked Dr. Bull.

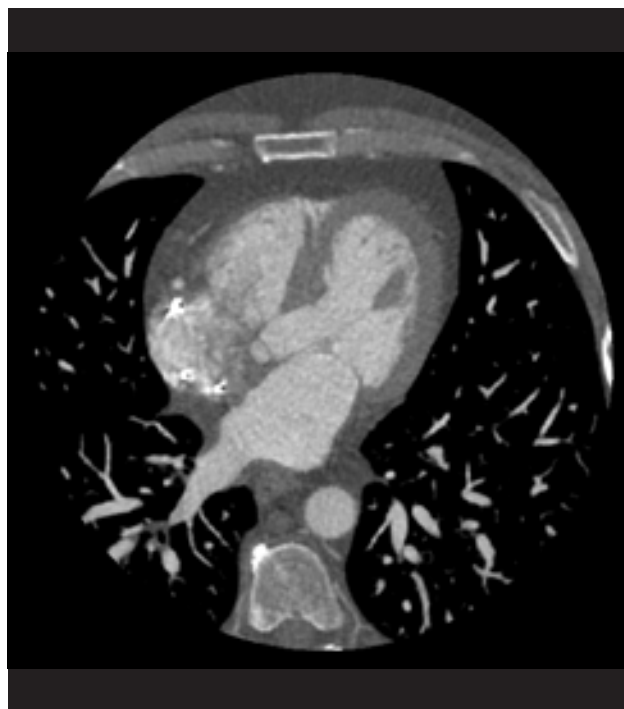
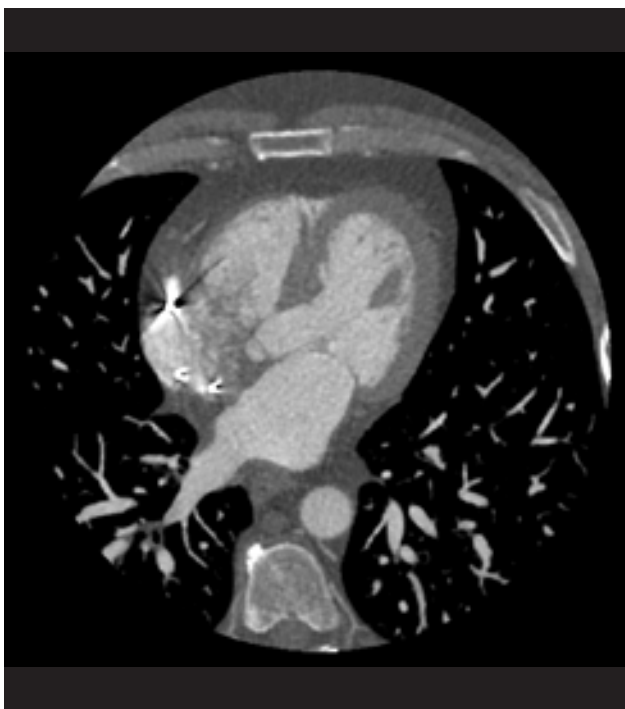
“We can also be much more confident in our accuracy in assessing the percentage of stenosis that might affect a stent,” he added. “Previously, we were able to only confirm the presence of stenosis to the interventionist, but with the advanced capabilities of the system, we can now let our specialists know exactly what percentage of stenosis might be present and where it is. In other words, we have progressed from: ‘yes, there is a stenosis’ to ‘yes, there is a stenosis, and it is more than 75%, within or distal to the stent,’” he added.



AIDR 3D demonstrates multiple calcified lesions in the LAD.



FIRST reconstructions show less blooming artifacts and also clearly demonstrate the non-calcified plaque (red arrow).



Non-SEMAR reconstructions on the left show severe artifacts that do not allow the RCA to be assessed in this patient. The SEMAR reconstructions on the right provide excellent visualization of the RCA.

"Findings from the new system match those obtained with cath results. FIRST has become a very useful and reliable tool in diagnosing and treating patients with these challenging conditions."

Using <sup>SURE</sup>Subtraction Coronary adds to the already improved image quality, increasing diagnostic confidence of the team even more, particularly when assessing smaller stents.

"In addition, in patients with a stent under assessment for cardiac CTA, we can more confidently exclude those with in-stent re-stenosis, who might otherwise require cardiac catheterization, reducing the need for this considerably."

### Minimizing the Influence of Calcium – Optimizing patient care

Artefacts due to calcium blooming are often a problem in imaging patients with coronary calcification. These can be minimized using FIRST and the advanced software platforms in the Aquilion ONE GENESIS CT.

"The dramatic reduction in blooming artefacts with coronary calcification achievable with the system has also significantly streamlined our cardiac work. It used to be relatively common for patients with calcium blooming to have to go to cardiac cath, as we couldn't adequately assess the vessel lumen. With FIRST and the <sup>PURE</sup>VISION Optics, it is very rare that we have to send patients to the cath lab for this reason."

Scanning patients with higher calcium levels is possible with the new system. This has enabled greater efficiency.

"We are pleased that we can scan high risk patients with potentially high calcium scores with the Aquilion ONE GENESIS, as the calcium is much less of an issue," he said. "Now one patient every 3 or 4 lists

is referred to the cath lab due to heavy calcium levels, compared with approximately one per list using our previous system."

### Change the way you look at your patients

In many cardiac applications that are by default likely to include artefacts, such as in scanning patients with pacemakers, Canon Medical's Single Energy Metal Artefact Reduction (SEMAR) software improves the images acquired. SEMAR can be applied automatically in patients with pacemakers and other metallic implants, or retrospectively from the raw-data.

"SEMAR is not required in every patient, but in challenging cases, that require superlative definition of the pacemaker lead tips, we use SEMAR with excellent results and reliability," said Dr. Bull.

### Benefits from Cardiac to Pulmonary Applications

In the scope of wider cardiothoracic imaging, for assessment of patients prior to left atrial ablation procedures the team at Bournemouth use the GENESIS to scan in two volumes – An arterial phase that provides excellent images of the left atrium and pulmonary veins, followed by 20 seconds delayed images to fill the left atrial appendage with contrast and exclude left atrial thrombus. The total radiation dose for both scans is typically well under 0.5 mSv.

"We previously used Trans Esophageal Echo (TEE) to exclude appendage thrombus for approximately one patient in every 10 with incomplete LA appendage filling at CT," explained Dr. Bull.

"With FIRST we can scan twice, as there is less radiation dose in total than the previous single acquisition. We scan an arterial phase for excellent images of the left atrium and pulmonary veins as well as a delayed phase showing contrast in the left atrial appendage to exclude left atrial thrombus. No patients have required TEE for this reason since we implemented the new protocol."



Aquilion ONE GENESIS CT scanner from Canon Medical Systems.

### Significant Improvements in Pulmonary Imaging

The Royal Bournemouth Hospital uses Canon Medical's <sup>SURE</sup>Subtraction Lung application for all inpatients and outpatients with suspected Pulmonary Emboli (PE).

Using a <sup>SURE</sup>Subtraction Lung, the total dose of approximately 1.5 mSv is very much lower exposure than most medical centers, this reduced dose in combination with the information gained from <sup>SURE</sup>Subtraction Lung is ideal for pulmonary diagnostics.

<sup>SURE</sup>Subtraction Lung enables the department to perform a wider range of pulmonary imaging with enhanced accuracy.

"It is much easier and quicker to diagnose or exclude pulmonary emboli, with <sup>SURE</sup>Subtraction Lung, particularly if enhancement of the pulmonary vasculature is not quite perfect on the anatomical images. From our experience, if the iodine maps are completely normal, a significant PE can be excluded with a high degree of confidence," said Dr. Bull.

"The lower dose is much better for use in young and pregnant patients with high cardiac outputs, who often have a diluted contrast bolus," he added. "We now almost never need to repeat a CTPA due to inadequate opacification, which was previously quite common."

"With <sup>SURE</sup>Subtraction Lung, the low contrast resolution and higher spatial resolution means that we can detect much more pathology that we previously missed, such as large airways disease (asthma/COPD), small airways disease and chronic thromboembolic disease," he continued. "From our experience, if a CTPA with subtraction is entirely normal, the patient does not have a pulmonary cause for their dyspnea. This level of confidence is simply not possible with conventional anatomical CTPA images alone. And lung nodule follow-up can be performed at the same dose as a lateral CxR."

"We are delighted with the enhanced performance and results in all aspects of cardiothoracic imaging that are achievable with the Aquilion ONE GENESIS applications."

### Some of the benefits of Canon Medical's Aquilion ONE GENESIS / Edition and the FIRST algorithm:

- Increased evaluation accuracy.
- Increased confidence in diagnostic assessments.
- Enables a greater range of cardiothoracic conditions to be assessed.
- Enables more conditions to be excluded from the diagnosis with greater reliability.
- Enables evaluation with extremely fine detail.
- Enables lower dose in many scans.
- Has changed some protocols to increased efficiency.
- Significantly reduces the need for cath lab examinations.
- More efficient use of resources and improved workflow. //



**Dr. R. Bull**  
Consultant Radiologist at  
the Royal Bournemouth  
Hospital, United Kingdom.



# Together, we make it possible.

*Made For life*



Canon Medical is rearming its commitment to its Made for Life philosophy and launching a new theme and advertising campaign called “Together, we make it possible”.

This campaign supports our Made for Life philosophy by focusing on our tradition of customer collaboration, developing products that are made for clinicians, patients and partnerships.

At Canon Medical, we listen to customers to truly understand their needs in imaging and beyond. Our goal is to work hand-in-hand with our partners to deliver flexible solutions that not only meet their needs but deliver optimal health opportunities for patients.

# Teddy bears show courage

The Aarau Cantonal Hospital in Aarau, Switzerland, recently had some very special patients in the form of teddy bears and other stuffed animals who received thorough physical exams.

**T**he idea behind the "Teddy Bear Hospital" is to create a child-friendly simulation of what a visit to the hospital looks like in order to alleviate children's fear of hospital stays. The kids have the opportunity to go to the hospital with their stuffed animals as patients and get to know what a typical day at the hospital might entail, from the patient admission to the physical exam to the treatment.

"More than 600 children paid us a visit and waited for up to a half an hour in order to find out their stuffed animal's condition," says Prof. Dr. med. Sebastian Schindera, Senior Physician Radiology, specialised in Gastrointestinal Radiology and Computed Tomography. This was the second time that the Aarau Cantonal Hospital held its "Teddy Bear Hospital" event to help children become familiar with what doctors and nurses do in a playful manner. "After getting the stuffed animals' medical history, the doctors decided whether to initiate treatment or if additional tests were necessary.

This allowed the young guests get to know the pharmacy or visit us in the Radiology Department," explains Prof. Schindera. The medical professionals came up with a really special idea: they teamed up with the hospital's in-house carpenter to build a Computed Tomography (CT) from wood labelled "Toshi Bär". The animals could be placed on a tabletop and moved through a wooden opening. "We examined the entire range of stuffed animals, from small bears to a leopard weighing four kilos."

## A comprehensive offer

In real life, the Aarau Cantonal Hospital's Radiology Institute relies on three Canon Medical CT's: the Aquilion ONE™ / ViSION Edition, the Aquilion™ CXL, and the Aquilion™ RXL. This equipment covers the entire diagnostic and therapeutic range for both outpatients and inpatients. The hospital's extensive expertise in all Radiology sub-specialisations combined with state-of-the-art equipment enables precise diagnostics and therapy. "The friendly atmosphere in

our examination rooms also helps create a comfortable stay for the patients at our Institute.

We perform more than 110,000 radiological exams and over 3,000 minimally invasive procedures here every year," says Prof. Schindera. The Institute's speciality fields include gastrointestinal, interventional, cardiothoracic, urogenital and musculoskeletal radiology, as well as paediatric radiology, breast diagnostics and neuroradiology.

## An emphasis on patient safety

"Medical quality and patient safety are top priority," says Prof. Schindera, adding: "For years, we have been working intensively on administering the lowest possible doses to patients during exams that still enable us to make diagnoses. We aim to always find this balance and consider it a challenge to get as close as we can to the limit. Such efforts have clearly had success." The radiation doses during CT exams are significantly lower than the average in Switzerland.



The "Teddy Bear Hospital" event at the Aarau Cantonal Hospital, Aarau, Switzerland.





These data were published by the Federal Office of Public Health. The Aarau Hospital's radiation dose for an abdominal CT is 42% lower than the Swiss average and for a chest scan 46% lower." Medical physicists and radiologists are working closely together on this. "We use our own software to continuously document and monitor the dose values of the CT exams and then systematically analyse the results," says Prof. Schindera, providing a glimpse of the department's daily work routine. This fortunate development is not only

appreciated by patients but is also confirmed by independent institutes: "In January 2017, our Institute was honoured for its efforts in CT radiation protection within the scope of the EuroSafe Imaging campaign by the European Society of Radiology, which gave us the maximum points available, aka five stars," says Prof. Schindera.

With regard to dose reduction, the Institute for Radiology is also involved in a range of scientific projects whose goal is to make diagnostic radiology procedures more

informative and even safer for patients. "To this end, we use phantoms that help us measure the diagnostic validity. We examine subtle small pathologies with a low dose and observe whether the image quality is still sufficient or the artefacts are so large that they are lost." Cooperative ventures are in place for the research work, including with university hospitals and institutes such as the University Hospital of Basel, the Institut de radiophysique in Lausanne as well as the Federal Office for Public Health. //









# Scanning prehistoric urns from Hofstade, Belgium

Dr H. A. Hiddink

The custom to cremate the deceased started in large parts of North West Europe in the Middle Bronze Age and persisted as the dominant burial rite until the end of the Roman period. During the Late Bronze Age and Early Iron Age (c. 1,000 - 500 BC) the burnt remains were often put in earthenware urns, which led to the designation 'urnfields' for the cemeteries of that specific period.

In 2014, such an urnfield was discovered in trial trenches excavated as part of an organized archaeological dig within an arable field near the village of Hofstade (East-Flanders, Belgium), which was designated for eventual residential development. Based on the area of the trial trenches, our team initially expected to find approximately 200 graves, but the excavation of the complete cemetery of approximately four hectares yielded more than 400 graves (Fig. 1-2). Nowhere in Flanders were more graves ever excavated in a single urnfield!

The urns we excavated contained different quantities of burnt human bone, anywhere between 1g and 3,300 g. Urns that contain small amounts of bone are either damaged or result from burials of infants and young

children, but even the greatest quantities of burnt bone found in an urn rarely represent the full weight of cremated remains of an adult (approximately 2.5 kg).

Only two of the urns found contained more than 2 kg burnt bone and are likely to be from the burials of more than one individual. It was customary in these times that the deceased's relatives collected one third of the bone fragments from the remains of the funeral pyre following cremation. These fragments are partly recognizable, and much larger than the crushed bone that results from the modern cremation process. However, not every urn contains fragments diagnostic of gender (parts of the pelvis and skull) or age (dentition, fusion of epiphyses, sutures).



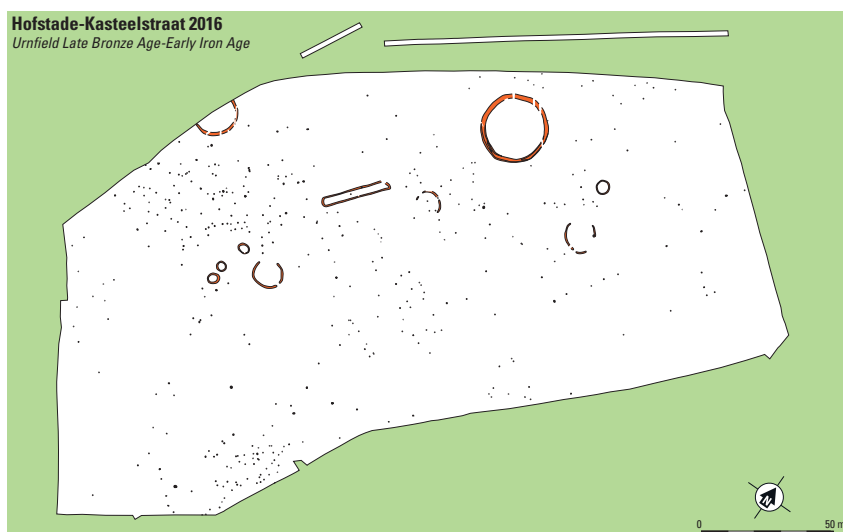


Figure 1: Plan of the Hofstade urnfield. Every black dot represents a grave, the ditches around levelled grave mounds are in red. Features from other periods are left out.

In practice, a physical anthropological examination of the fragments provides us with an estimate of gender and/or age in 40-60% of the cases. It must be stressed that we have to work with rough estimates, because usually only one or two diagnostic fragments are present.

The majority of the graves from Hofstade yielded nothing more than a pot containing burnt bone (Fig. 3). There is still a considerable variation in grave types, however. For example, in some cases, the bones were put into a bag of cloth or leather – that decayed long ago – and some grave pits were filled with charcoal and ashes from the funeral pyre. A small number of graves contained

two, or even three urns within the same pit. Although most graves have only one vessel – the urn – around 20-30% of the graves contained one or more small pots, which were placed inside or next to the urn. Most likely, these contained drinks for the deceased. Sometimes bowls or dishes that were put upside down, functioned as lids. Metal grave goods were found, as well as ceramics. These included small objects, such as bronze hair-pins, earrings and tweezers. In one instance, a small bronze ring covered in gold was found. Another unique find from Hofstade is a bronze sword that was broken into four pieces to fit within the urn. Most likely, this grave belonged to a male whose warrior status was extolled by his relatives.

The form and decoration of the pots and the types of metal objects can be used to date the grave in question. In addition, burnt bone can be used for radiocarbon dating.

Full analysis of the cemetery will take almost two years. After describing and drawing the pottery and other grave goods, their date must be established; if necessary, with the help of radiocarbon dates (see above). It will be investigated if the cemetery developed from one nucleus in a certain direction, or from multiple nuclei (family groups?). Another topic is the relation between the date of graves, their type, and the number and nature of the grave goods found, or, in other words: how did grave rituals develop during the period within which the urnfield was used?

When the analysis of the burnt bone remains' is finished, the age and gender of the deceased will also be determined. Our researchers can then assess if the size of the urns is related to age; if the nature of the grave goods is related to gender, or predominantly to the date of the burial? The age and gender of the deceased also provides us with demographical data. We can establish, for example, if the burials represent (for each phase) a 'normal' population with as many men as women and an expected age-structure (high mortality of very young children and young adults). In addition, the life-expectancy and the size of the living population will be calculated. Finally, the cremated remains will give some clues about the health of the population (through providing evidence of anemia as a result of malnutrition/disease, wear of joints due to hard labor, etc.).



Figure 2: A scene during the excavation, with an excavator scraping off small layers of loam and a plastic bucket on every discovered grave. All features are mapped with a Global Positioning System (GPS).



Figure 3: The cross sections of the urngraves 105.043, 127.004 and 130.022, discussed in the text.



## The problematic excavation of urns

Before the more complex analyses can be performed, however, archaeologists must overcome many practical challenges. Some of these are associated with the processing of the urns and their contents. After completing the documentation (drawings, photographs and descriptions) in the field, the urns are wrapped in cling-film to prevent collapse during transportation. However, even seemingly well-preserved pots are more often than not in a sorry state. The pressure of the soil in which the urns have been buried, and the use of agricultural equipment on the upper layers of the soil tends to create many small cracks, and further damage can be inflicted by tree roots and animals, such as moles. In the case of Hofstade, the burnt bone ('cremains') inside the urns formed a concrete-like mass in combination with the loam of the subsoil. While fragmentation of the bone must be minimized with later investigation in mind, the only way to empty the urn is with the help of water.

Even with the cling-film around the pot still in place, things can get real messy during this process. The loam turns to mud and the pot transforms into tens or hundreds of shards potentially. While the exterior shape of the urn itself can be recorded beforehand, a complication arises when it contains a small pot or a metal object, both often very fragile. It is difficult to record their exact position and shape amidst the water, mud and bone in a disintegrating urn.

The solution for this problem is obvious: making a CT-scan of the urn beforehand. Obtaining these scans is, however, difficult. No archaeological company or restoration workshop in the Low Countries has a sufficient turnover or excavates enough urns to make the purchase of a scanner feasible. The use of these instruments in public facilities, such as hospitals is undesirable and, in practice, nearly impossible. Therefore, we were lucky that Canon Medical Systems Europe was willing to scan a number of urns at their facilities in Zoetermeer, the Netherlands.

## Scanning the urns and their contents

The sample selected for scanning consisted of 24 urns of different sizes, representing different phases of the urnfield. Taking the urns from their protective polypropylene buckets was the only preparation required. This was necessary, because, leaving on the iron handles would distort the images.



Dr. Henk A. Hiddink, Senior Archaeologist / Project-leader since 2000 in the south of the Netherlands and Flanders, Belgium at the organisation of archaeology VUHbs (Amsterdam, NL).

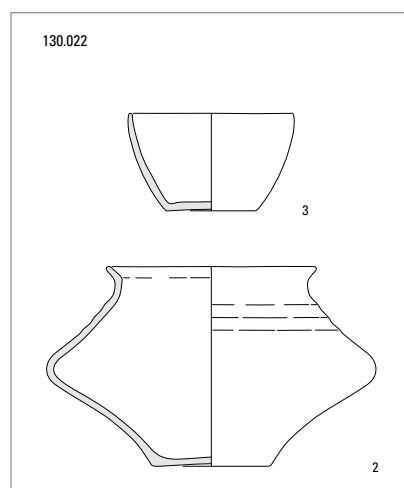
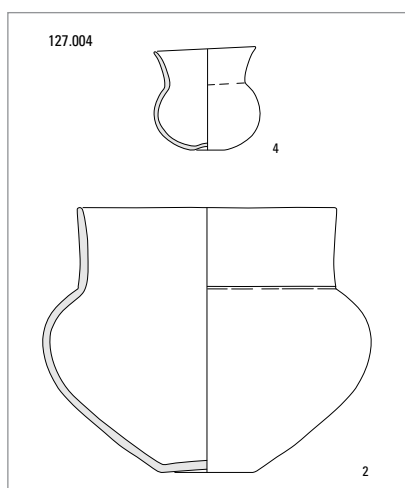
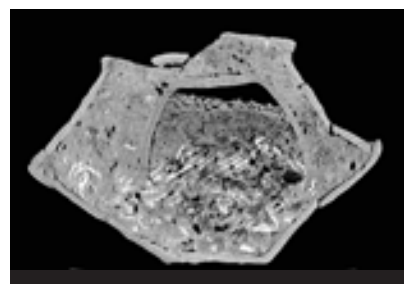
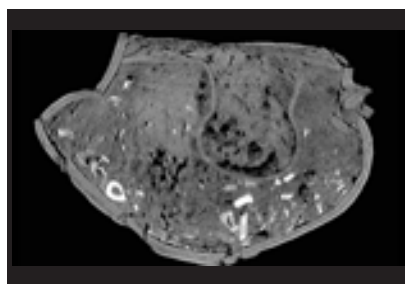


Figure 4: CT-scans of urn 127.004 and 130.022 (above), with drawings of the pots (below).

Each urn was placed on the couch of the Canon Medical Systems Aquilion™ ONE CT scanner.

## Results

In seven of the 24 urns scanned, the images obtained showed the presence of other ceramics: in four cases, complete 'miniature vessels' and in three others, shards of pots. Before we elaborate on these finds, a small metal find must first be mentioned. Metal artefacts in urnfield-graves are sometimes present, as mentioned previously, but they occur quite rarely. In Hofstade, they were found in only 4% of the graves. It could be predicted that only one of the scanned

urns would contain metal. The small head of a bronze hair-pin was not detected on the scan, however, because of its small size (9mm by 6 mm) and most likely, because the corroded bronze had the same 'density' as the 'cremains' surrounding it.

The scans of grave 127.004 and 130.022 show what an archaeologist would ideally like to see: a clear image of the exact position of a small pot inside the urn (Fig. 4). In these cases, the pots are placed on top of the cremains. In grave 130.022 the pots were place upside down, preserving an air-pocket for almost 3,000 years! These kinds of images make drawing the small pots easy,

through simply tracing the outlines on the scan. However, the urns themselves are too damaged to apply this process. The pressure of the soil broke the urns across their largest diameter and compressed the upper halves.

Also interesting are the images of the two urns from grave 105.043 (Fig. 5-6). In the largest urn, a small shallow bowl is visible on top of the 'cremains'. The image of the second, smaller urn shows the bottom of a pot that was originally placed above the 'cremains'. The rest of the pot was touched by the bucket of the excavator and retrieved in the form of shards. A transversal section through the urn shows half of a ring-shaped object.

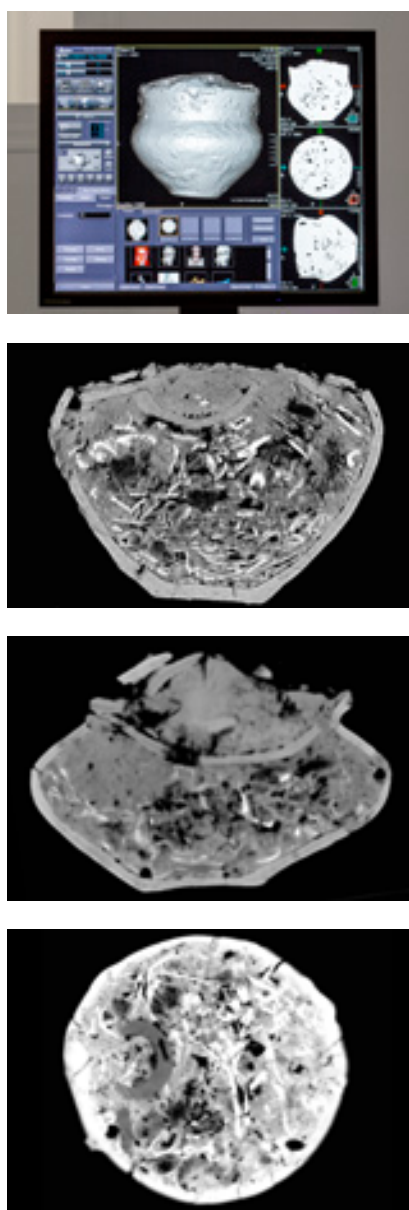


Figure 5: Reconstruction of grave 105.043, based on the field drawings and CT-scans (above) and all the finds (below).

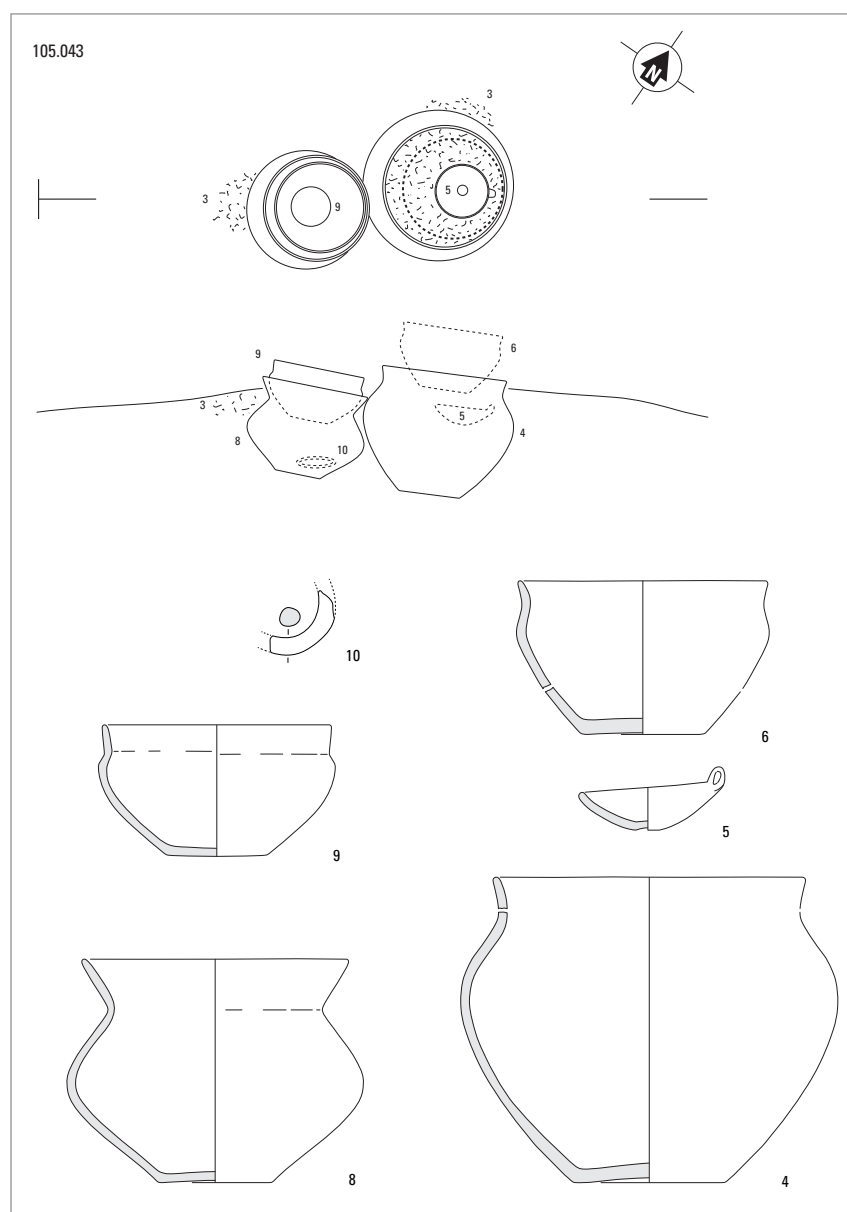


Figure 6: Scans of the urns from grave 105.043, with in the cross-sections the bottom of a bowl, originally places on top of the urn, and a small dish placed on the cremains; in the view from above a bracelet (?) of unknown material.



Canon Medical Systems Application Specialists - preparing the scan protocol.

Thanks to the scan, we were aware of its presence and recognized it immediately when emptying the urn. It was retrieved in two fragments, that otherwise probably would have been thrown away! The half ring appeared to be made of baked loam, but is possibly part of an arm-ring of burnt lignite (brown coal) or a similar material. The precise nature of the material will be investigated further.

So far, we have discussed 2D sections through vessels. However, with scanning it is also quite easy to produce 3D-images of the outside of the vessels (Fig. 7). These can serve a number of objectives, for example, to give an impression of the shape of a pot and the damage without unwrapping it. This can be helpful to both archaeologists and conservators. Other users of this 3D-images

include draughts men, because complicated decorations can be easily transferred to a 2D plane. The usefulness of the images diminishes when the outside of vessels is not properly cleaned. In our example, lumps of loam are present on parts of the surface.

### Conclusion future applications

CT-scans of cremation urns are very useful for the archaeologist. The images give a clear picture of the position of the artefacts, as well as the 'cremains' inside the urns. Of course, the exact nature of some objects, such as the ring in 105.043, can only be established by excavation. In this respect, CT-scanning is like every other technique of 'remote sensing' or geophysical survey in archaeology, like air-photography or magnetometry; everything on an image must be tested. Scans of pottery can also be useful for

the drawing of objects and decorations. The remarkably clear images of the fractures in vessels enable detailed plans for the best way to empty or restore the vessels to be made.

Our test with the Aquilion ONE confirmed that ideally every excavated urn should be scanned before further processing. The only obstacles possible are logistics and access to scanning equipment.

It is possible that in the near future, CT-scans will be used in more advanced ways than described in this article. For medical purposes, scans are often processed to obtain 3D 'anatomical models' with different structural elements, such as veins, bones and organs, mapped in different colors. This principle can also be applied to the contents of urns, theoretically, with the result that bone fragments can be recognized in situ.

The preconditions are a certain degree of similarity between the fragments concerning their density, sufficient material (soil, air-pockets) around them, and, of course, a not too high fragmentation. Even when identification of individual bones remains difficult, the 3D model makes it possible to compare the intactness-fragmentation of the cremation, before and after emptying the urn, in other words: the damage done by the processing. Some trials were already done with calculation the weight of the bone inside urns on the basis of its total volume. A comparison with the weight afterwards can show that unburned or poorly burned bone was present in the urn, but was lost during processing. //

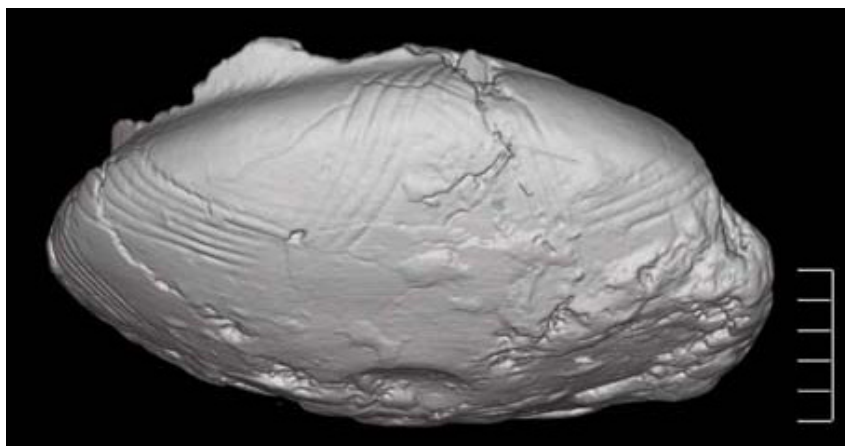


Figure 7: 3D-image of urn 105.033, which provides an excellent impression of the decoration and breaking pattern.



## Comprehensive tools for the evaluation of diffuse liver disease

Attenuation Imaging (ATI)

Shear Wave Elastography (SWE): p.20

Shear Wave Dispersion Imaging (SWD): p.38

# Assessment of non-alcoholic fatty liver disease with Attenuation Imaging (ATI)

Dr. Hiroko Iijima

The four major liver diseases worldwide are HBV, HCV, alcoholic liver disease and nonalcoholic fatty liver disease (NAFLD). Recently, there is an increasing trend for fatty liver that is highly associated with risk factors including obesity, diabetes, hyperlipidemia, and hypertension. Among the Japanese population 15M to 20M people have these risk factors, which represents about one in eight amongst the population being associated with fatty liver, including non-alcoholic fatty liver disease (NAFLD) and nonalcoholic steatohepatitis (NASH). It is estimated that in Japan around 3M to 4M people have NASH and the incidence is expected to increase.

It is reported by the Japanese Diabetes Society that diabetic patients are 2-3 times more likely to develop liver cancer. In our institute, we have concluded that patients with diabetes associated with liver fibrosis have a higher risk of developing liver cancer, especially HCV-induced liver cancer. Thus, we strongly recommended strict follow up on diabetic patients with liver fibrosis.

Our institute collected 1343 HCC cases between 2007 and 2016. Until 2010, about 20% of the cases were non-HBV/HCV-induced HCC which had increased to 32% by 2017, similar to global trends. This significant increase of non-HBV/HCV induced HCC is related to primary liver cancer developed from fatty liver. As a result, early detection and characterization of liver steatosis is important in order to provide better patient management. Attenuation Imaging (ATI) is an innovative application embedded on the Aplio i-series to access liver attenuation by quantifying the attenuation coefficient and to provide color mapping for the degree of attenuation. In this white paper, the assessment of non-alcoholic fatty liver disease with ATI is studied.

### Principle of ATI

Attenuation of ultrasound signals depends on the tissue structure and acoustic characteristics of the liver parenchyma. Fatty liver is associated with increased ultrasound signal attenuation. Due to decreased signal intensity, especially in deeper regions, fatty liver often contributes to ultrasound images with poor image quality.

In order to calculate the attenuation coefficient (dB/cm/MHz) with ATI, the system influence on signal intensity is removed by extracting the focus dependent beam profile (dB) and internal gain control (dB) from the observed intensity on the ultrasound image. The adjusted intensity demonstrates the change of intensity with depth in the region of interest (ROI).

In ATI, the extracted pure intensity change is represented by a line profile. Each sample point on the line profile is obtained by averaging intensity along the same depth. In patients with higher attenuation, there will be more of a decrease in intensity, resulting in a steeper line profile. The slope of the extracted intensity is related to the attenuation coefficient.

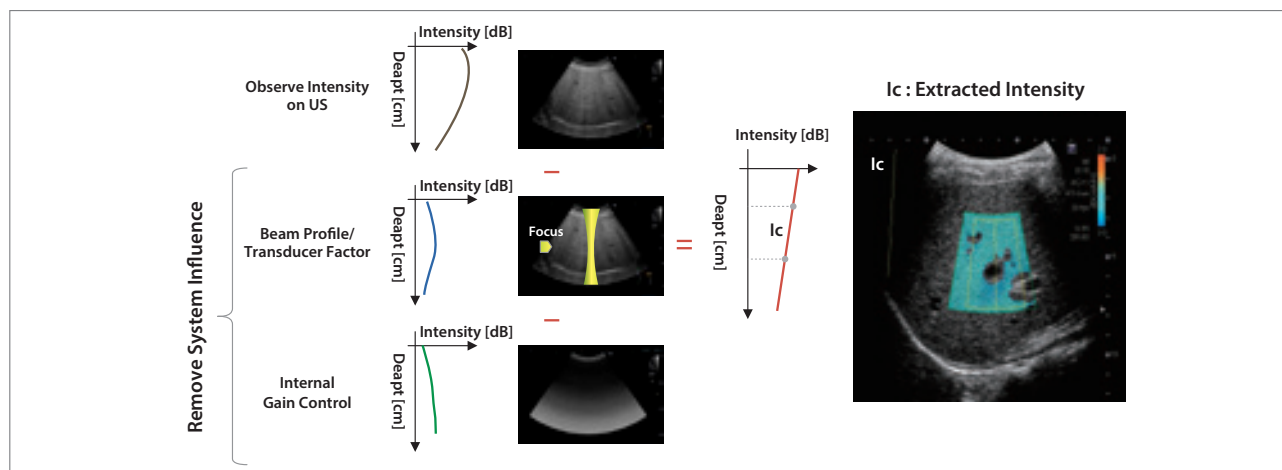
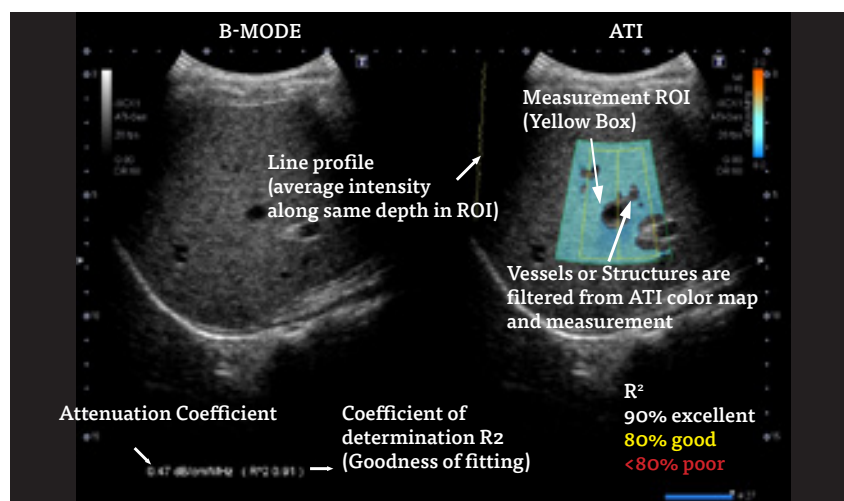


Figure 1. Principle of ATI.

$$\alpha = -\frac{1}{2f} \frac{dI_c}{dz}$$

$\alpha$  : Attenuation coefficient  
 [dB/cm/MHz]  
 $I_c$  : Adjusted Intensity [dB]  
 $f$  : Central Frequency [MHz]  
 $z$  : Depth [cm]



Equation 1. Definition of attenuation coefficient.

Figure 2. ATI measurement features.

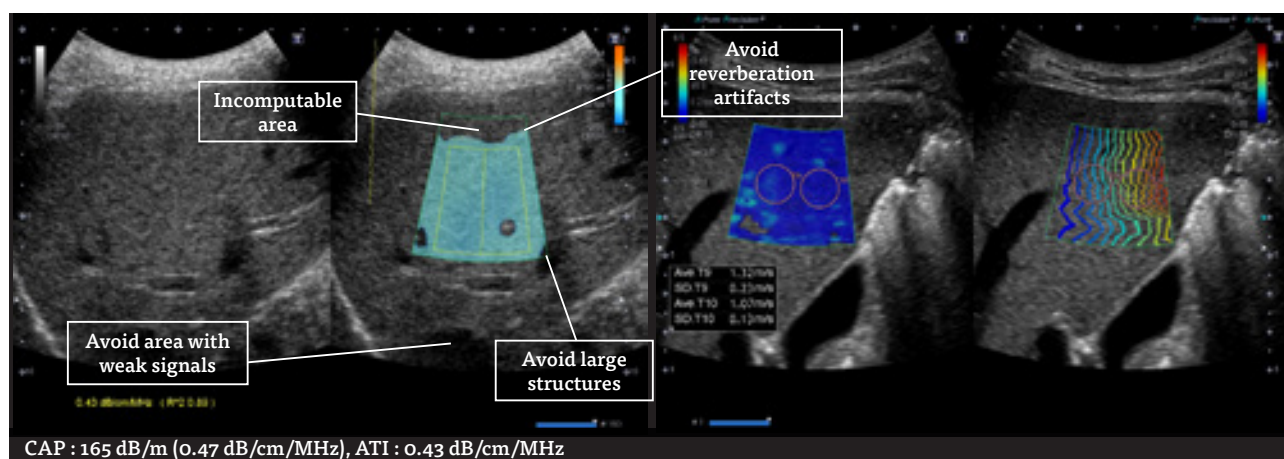


Figure 3. Normal Liver. During ATI measurement, it is important to avoid unreliable areas. ATI and CAP measurement for normal liver demonstrated consistent attenuation scoring.

Features of ATI can be reviewed in an image with an ATI measurement (Fig 2). The level of attenuation is color-coded and displayed in the ROI. Regions with significant errors of attenuation calculation such as structures (blood vessels) or areas with strong artifacts (reverberation) are excluded on the ATI map. Since only the reliable areas for measurement are displayed, accurate ATI measurement can be acquired quickly and easily. In addition, the coefficient of determination (goodness of fit) is displayed along with the attenuation coefficient, allowing clinicians to confirm the optimal location for ROI placement in order to improve accuracy.

### Correlation between ATI and state-of-the-art for liver steatosis

Clinical evaluations were performed to compare ATI with Controlled Attenuation Parameter (CAP, FibroScan®). Fig 3 shows a case of a normal liver. CAP and ATI demonstrated consistent attenuation scoring. In order to obtain reliable ATI measurements, it is important to avoid areas with reverberation artifacts, structures or weakened signals.

In 118 cases of liver steatosis, ATI and CAP demonstrated a good correlation ( $r = 0.69$ ) (Fig 4).

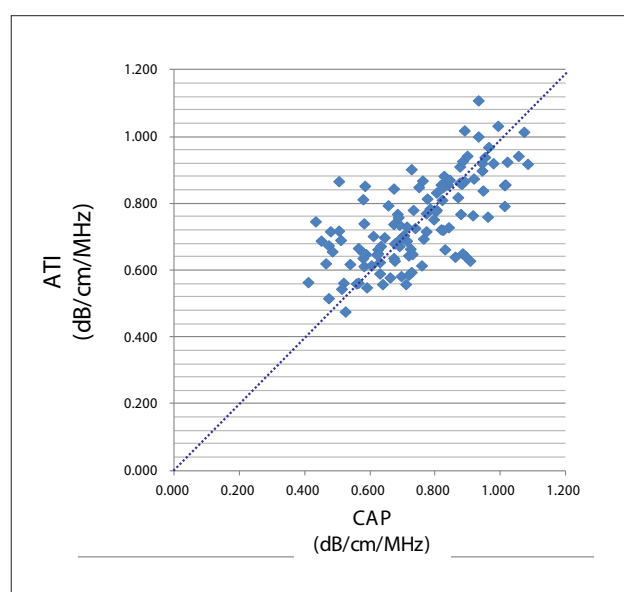


Figure 4. Correlation between ATI and CAP.

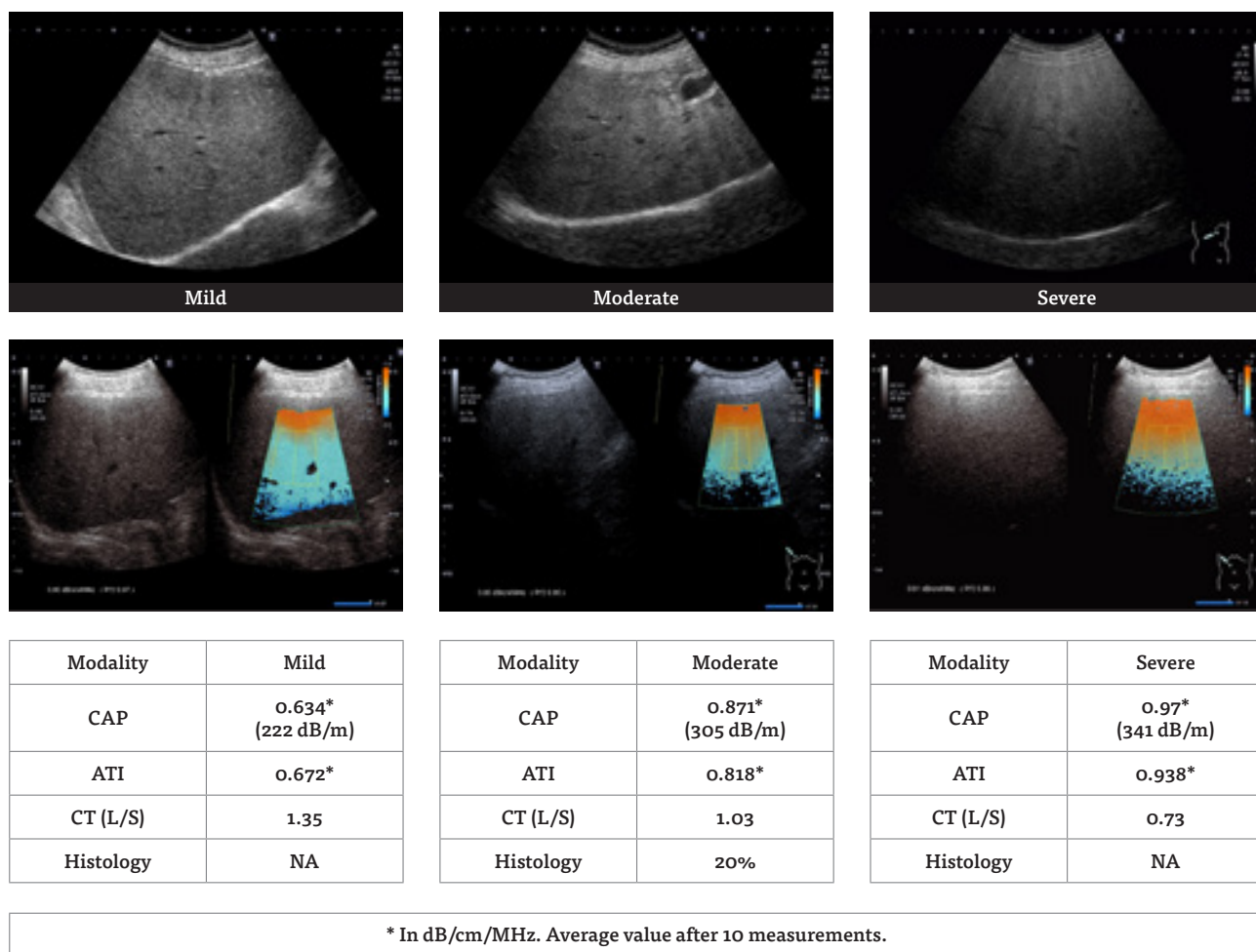


Figure 5. Diagnosis of steatosis with ATI, CAP and CT L/S ratio in mild, moderate and severe fatty liver.

Fig 5 demonstrates the comparison between ATI versus CAP and CT measurements in mild, moderate, and severe fatty liver. According to literature reviews, a patient is diagnosed with fatty liver when the CT liver-to-spleen (L/S) attenuation ratio is less than 1.0 or 1.1; and liver fat content is greater than 30%. ATI and CAP exhibit an excellent correlation with the CT L/S ratio.

We examined the relationship between ATI and patient background factors including age, BMI, and blood test results. Based on univariate and multivariate analysis, ATI has a statistically significant difference with B-mode steatosis grading, distance of skin to the liver capsule and BMI, which are conventional factors for assessing steatosis.

In our institute, the protocol for assessing fatty liver with B-mode, includes scanning with consistent intensity (dB) and dynamic range (DR) at the intercostal space. Automatic gain correction, gamma correction and compounding are switched off to avoid system influence on intensity. Liver-to-kidney ratio is used for assessing liver steatosis and the grading is as follows: mild fatty liver with increased echogenicity and complete delineation of vasculature and diaphragm; moderate fatty liver with partial viewing (<75%) of vasculature and diaphragm; and severe fatty liver with poor viewing (< 50%) of vasculature and diaphragm. This diagnostic criteria of liver-to-kidney ratio has an excellent correlation with ATI.

When investigating the correlation between CAP and ATI with histopathology, CAP has a higher variation when quantifying severe fatty liver. In contrast, ATI exhibits less variation and is able to diagnose very mild fatty liver (steatosis < 10%, histology). For histological steatosis, the degree of fatty liver is staged as normal (<10%), mild (10-33%), moderate (33-66%) and severe (>66%) respectively. Based on the NASH/NAFLD Diagnosis Guide (2015) from the Japanese Society of Gastroenterology, it is important to diagnose very mild steatosis at 5-10% for early patient management. With the early detection of very mild steatosis, a patient is able to easily reverse a fatty liver through exercise and diet therapy.

The correlation between CT L/S ratio with ATI was also evaluated. On CT, three ROIs with a diameter of 2 cm were placed on the liver and spleen respectively to obtain the average L/S ratio. Fatty liver is diagnosed when L/S is <1.0. Both ATI and CAP demonstrated a good correlation with the CT L/S ratio, and especially ATI shows less variation and exhibits a more stable result. When evaluating 57 cases with an L/S ratio >1.0, 10 (18%) cases were subsequently diagnosed as fatty liver with B-mode grading, implying that CT may overlook fatty liver.

In addition, the relationship between histopathology findings versus CAP, ATI and CT L/S ratio were evaluated. When compared to histo-



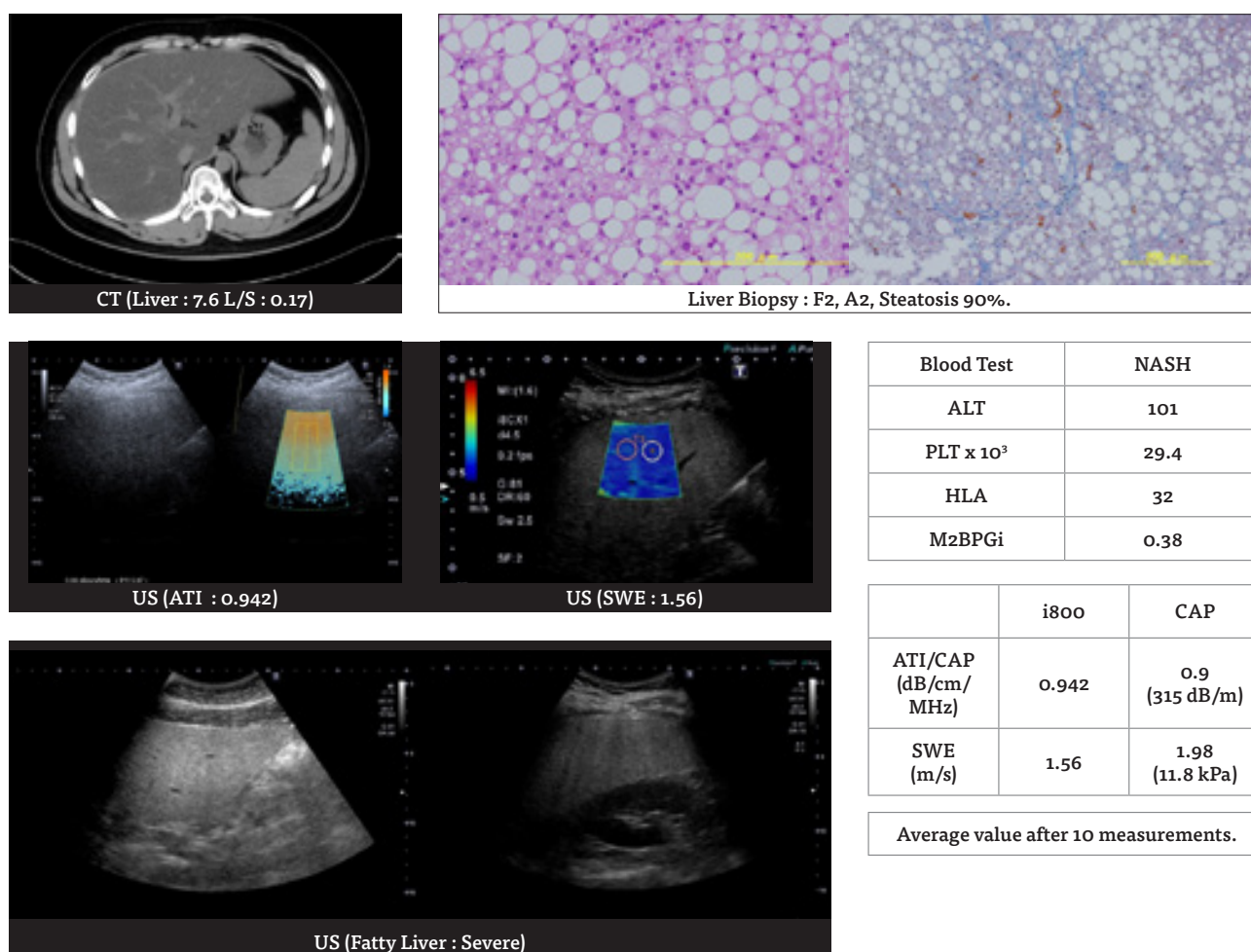


Figure 6. Case 1: NASH with ulcerative colitis.

pathology, CT has some limitations in diagnosing mild fatty liver but is reliable when diagnosing severe fatty liver. In contrast, ATI is able to diagnose very mild steatosis (<10%) and mild steatosis (10-30%). As a result, with ATI, ultrasound demonstrates a higher potential for diagnosing mild steatosis.

### Diagnosis of NASH using ATI

In recent years, the criteria for NASH classification has gradually been updated, the Brunt system utilizing a combination of grading and staging is now one of the standard methods to classify NASH. According to the "NASH / NAFLD clinical guide 2015", it is necessary to stage steatosis levels as 5%, 20%, 40%, 60% or 80% respectively, a scale within which very mild steatosis is indicated.

Although there is no correlation between steatosis grading in simple steatosis and life expectancy, simple steatosis in the process to fibrosis is reported to have an overwhelmingly negative prognosis. In other words, NAFLD patients with fibrosis require strict follow up.

### The following are 2 clinical cases with NASH

A man in his early 20's is diagnosed with NASH in ulcerative colitis (Fig 6). CT L/S ratio confirmed the steatosis. From B-mode, the speckle pattern of liver parenchyma does not provide an indication of fibrosis, however the beginning of fibrosis could be confirmed based

on the obvious increase in ALT (101 IU /L) and PLT (290,000 /  $\mu$ L) from a blood test, and from histology findings. Both SWE (1.56m/s) and FibroScan (1.98m/s) exhibit a high value in liver stiffness. If early therapy is not conducted, it is predicted that NASH will proceed to liver cirrhosis before he reaches his 40s. Early detection is essential in this type of case for the patient's ongoing quality of life.

When liver cirrhosis progresses, the extent of steatosis will decrease. Case 2 is of burnt-out NASH in a 60-year-old female (Fig 7). NASH has progressed to liver cirrhosis with an obvious increase of fibrosis. With liver biopsy, the patient is diagnosed with F4 and steatosis of 8%. In order to fully investigate burnt-out NASH, both fibrosis and steatosis are need to be properly examined.

### Feasibility of comprehensive diagnosis using ATI and SWE

When assessing liver disease, liver stiffness can be measured using SWE and steatosis can be quantified by analyzing the attenuation with ATI. By comprehensive evaluation with SWE and ATI, fibrosis staging and steatosis scoring can be performed and may be able to characterize normal liver, fatty liver, burn-out-NASH, and NAFLD. The characterization by the multi-parameter method is important as it is critical to detect very mild steatosis with fibrosis for early detection of incidence of liver cirrhosis.

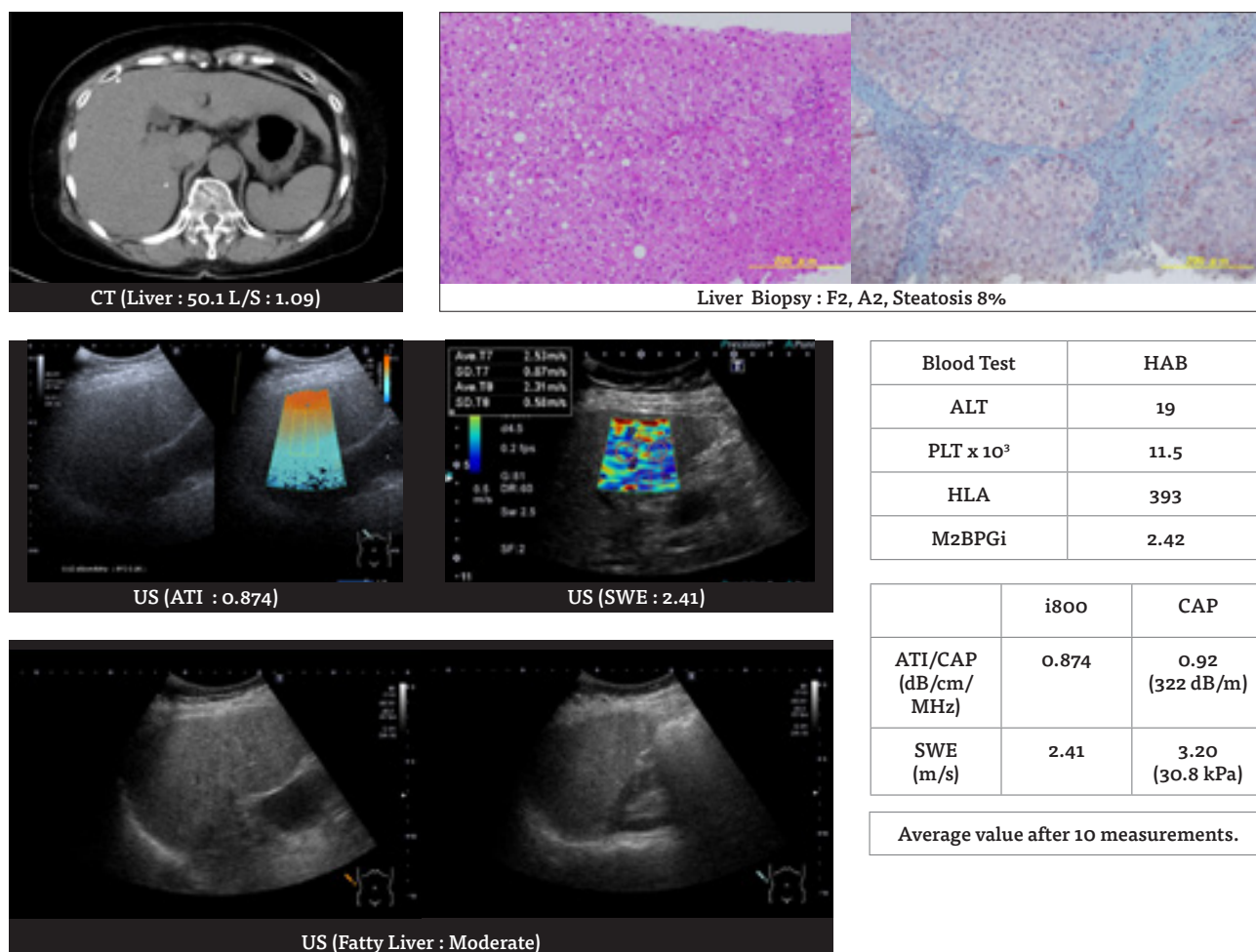


Figure 7. Case 2: 60F with Burn out NASH.

## Conclusion

Attenuation Imaging (ATI) demonstrates an excellent correlation with CAP and has a statistically significant difference with B-mode grading. Both CAP and ATI have a strong negative correlation with CT, which can clearly detect severe fatty liver but the diagnosis of mild fatty liver remains more challenging.. On the other hand, ATI is able to differentiate mild steatosis (< 30%). Ultrasound can realistically provide a quick, non-invasive, cost-effective and radiation-free method to diagnose mild liver steatosis. Furthermore, in addition to fatty liver diagnosis, there is a high potential for morphologic or histologic steatosis assessment with comprehensive diagnosis using ATI and SWE on the Aplio i-series. //

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- <sup>7</sup> Sakamoto, Michiie, et al. "Pathological findings of nonalcoholic steatohepatitis and nonalcoholic fatty liver disease." *Pathology international* 67.1 (2017): 1-7.

# Shaping the future of diagnostic imaging ultrasound

3D printing functionality is now available on all Aplio™-i series ultrasound systems. This new feature has considerable potential in supporting clinical diagnostics, advancing specific therapeutic fields and improving patients' understanding of complex medical conditions and their treatment.

"The ability to materialize anatomical structures visualized by CT, MRI, XR and Ultrasound in fine detail creates possibilities for medical- and commercial use that we can now explore together with our customers," said Marcel Vermooten, Product Manager Ultrasound and member

of the Women's Health Care Imaging Group at Canon Medical Systems Europe.

Volume data from the ultrasound system can now be exported in standardized 3D format, or so called 'STL-files', and can easily be transferred to a 3D printer using a USB flash drive.

With the current advanced 3D printing technologies, the high-precision scan data from Canon Medical Systems' state-of-the-art scanners can be translated into a very detailed layered and sometimes even colour-differentiated 3D print, often in a variety of materials that can include plastics or metal. While this technology is already implemented in the medical field (for example, in the form of cardiological components, dental models, dental- and orthopedic drill guides, orthopedic braces, surgical tools, prosthetics, bone replacement and titanium implants), this is one of its first applications in Women's Healthcare.

"In certain therapeutic areas, 3D printing could add additional clinical value. There certainly could be many benefits for patient and physician in the sector of Women's Health, including opportunities to explain anomalies in pregnancy better to patients," added Marcel. "Also the chance for expectant parents to obtain an alternative keepsake of the pregnancy is a concept of great interest."

A 3D printed model of a fetus was exhibited during the ISUOG 2017 World Congress in Vienna, Austria. //



*The new technology was used to print a fetal face at approximately 24 weeks using volume data acquired with an Aplio i800. This 3D model was exhibited during the 2017 World Congress of the International Society of Ultrasound in Obstetrics and Gynecology (ISUOG) in Vienna.*





VISIONS spoke with PD Dr. med. Maciej Powerski, Chief Physician at the Clinic for Radiology and Nuclear Medicine of the Otto von Guericke University, Magdeburg, in Germany.

# Image-guided interventions with half the dose

Image-guided interventions are at the top of the agenda at the University Hospital's Radiology Clinic. Now a current study has proven that thanks to the CT scanner, the Aquilion™ PRIME from Canon Medical Systems, all procedures can be carried out with first-class image quality and a surprisingly effective dose reduction.

**W**hich services do you offer your patients?

Our clinic has traditionally focused on Interventional Radiology for Oncology. From local ablation procedures, such as radio-frequency ablation, microwave ablation and cryoablation to image-guided interstitial brachytherapy and chemo- and radio-embolisation, our program offers everything. Many patients come from far, sometimes from other German states and increasingly also from abroad, to obtain Interventional treatment at our Radiology Department.

**How is your Department structured?**

Our Radiology Department is very well-equipped. We have our own Radiology Ward with eight hospital beds. This means that patients scheduled to undergo a local ablation procedure are admitted directly by the Radiology Clinic, treated and discharged – a distinct advantage that radiology departments typically don't have in Germany. In order to be able to establish contact with private practice referring physicians in the field of Oncology, there is also an outpatient

facility for minimally invasive treatments that is operated by our Radiologists. Additionally, together with our colleagues in Gastroenterology and Abdominal Surgery, we run a so-called Hepatocellular Carcinoma (HCC) unit, i.e. an interdisciplinary ward for patients with the condition. This means that we can make immediate decisions by consensus.

**Can you briefly explain brachytherapy?**

We use image-guided interstitial brachytherapy for large tumors and metastasis of the liver that can no longer be treated with radio-frequency ablation. Tumors of a certain size or at difficult locations can often no longer be ablated at other institutions. In brachytherapy, a radiation source is introduced directly into the tumor through several inserted ablation catheters, so that the tumor can be radiated with a high dose, and the surrounding tissue can be spared as far as possible. This complex procedure can be performed very well with the Aquilion PRIME. That's because the high-end device offers the best conditions for all CT interventions.



# “The Aquilion PRIME delivers excellent performance in several areas”.

One example of this is the easily movable ‘floating tabletop’ and the 78 cm opening of the silent gantry.

## How many procedures do you perform each year?

Firstly, it's important to note that all CT interventions are done using the Aquilion PRIME at our facility. On average we perform three minimally invasive oncology ablations per day. We also perform three to six drainage and puncture procedures per day. Throughout the entire year, this amounts to more than 1,000 interventions per year.

## What are the advantages of your treatment methods?

Patients who have parts of their liver removed along with tumor tissue in a conventional operation can plan on a two-week hospital stay, depending on the complexity of the procedure. With us, patients usually go home in two days after a local ablation. Patients can already walk one day after the procedure.

## What are the advantages of using the Aquilion PRIME for interventions?

The Aquilion PRIME is particularly impressive with its ‘Adaptive Iterative Dose Reduction (AIDR 3D)’ algorithm. A recently published study by my colleague, Dr. Oliver S. Grosser, proved this. The study compared the AIDR technology of the Aquilion PRIME with the Filtered Back Projection (FBP) of CT fluoroscopy. A total of 156 patients, who had undergone CT fluoroscopy in the thoracic, abdominal or pelvic area (FBP/AIDR = 82/74), were included in the study.

## What were the main results?

The study's result was quite impressive: The AIDR 3D technology significantly reduces the radiation dose for patients and staff, while retaining the same excellent image quality. The dose reduction was the most effective in the abdominal region, as a dose reduction of up to 50% could be achieved here. Alternatively, you can produce an even higher image quality with the same radiation load than with conventional CT fluoroscopy.



PD Dr. med. Maciej Powerski.

## Were you surprised by the results?

The potential dose reductions, which the manufacturer issues, are usually based on virtually optimal laboratory conditions. The results of the most recent study were attained under true-life conditions, however, I have to admit that I was pleasantly surprised. Halving the dose is truly a very remarkable result. With a complex intervention taking up to one hour, this is a great advantage. We are pleased that the Aquilion PRIME also offers effective radiation protection for medical professionals. And the fact that reconstruction of the CT images is available ‘live’, i.e. almost in real-time during interventions, is quite impressive on account of the high computing load for iterative reconstruction.

## Were there other study results?

The fact that the dose is greatly decreased in the abdominal region is particularly satisfying, as this is the region that emits the most radiation back to the therapist. The iterative technology works exactly there, where you need it most. The study also proves that both noise is decreased and diagnostic certainty is improved for individual patients. The Aquilion PRIME delivers excellent performance in several areas. //



PD Dr. med. Maciej Powerski.

## Literature:

Oliver S. Grosser, Christian Wybranski, Dennis Kupitz, Maciej Powerski, Konrad Mohnike, Maciej Pech, Holger Amthauer, Jens Ricke (2017), improvement of image quality and dose management in CT fluoroscopy by iterative 3D image reconstruction, *European Radiology* 2017; 27(9):3625-3634.



# General guidelines for authors

Works are generally classified into two categories: Full length articles (e.g. clinical added value of new/special applications & technologies) and Short contributions (e.g. system testimonials, case reports, technical notes).

**All articles should be double-spaced.**

## Full length articles

Full length articles should generally include the following:

- Author's full name and highest academic degree, employer medical institution
- Author's biography (150 words)
- Author's passport-size photograph (suitable for publication); (image of 300 dpi)
- 200-word abstract
- Text including headline, sub-title, introduction and sections like: materials & methods (which should include a full description of equipment used), results, discussion and references
- Text approx 4 to 5 pages or 12.000 to 14.000 characters (not including figures, tables and photographs)
- Correspondence address
- Literature (no more than 10 references)
- Separate, continuous numbered image- and table captions

## Short contributions

Short contributions should generally include the following:

- Author's full name and highest academic degree
- Author's employer medical institution
- Author's biography (150 words)
- Author's passport-size photograph (suitable for publication); (image of 300 dpi)
- Text including headline, sub-title, introduction and full description of methods & materials/equipment used
- Case Report or description of system improvements (Technical Notes)
- Correspondence address
- Literature (no more than 10 references)
- Separate, continuous numbered image- and table captions

## Text

The article should be saved in Microsoft Word (PC format) if possible, and, if not, in text only.

Please indicate the software program and version used (Microsoft Word 2007, etc.) and whether it is a PC or Macintosh formatted document. If e-mailing, make sure to send it as an attachment, rather than embedded in the e-mail message.

## Symbols, formulas and abbreviations

Symbols, Greek letters superscripts/Subscripts must to be identified clearly. Furthermore, the figure 1 (one) and the letter l (el) as well as the capital letter o and the figure o (zero) should be easy to differentiate.

All abbreviations including units of measure, chemical names, technical or medical acronyms, names of organisations or institutions should be defined when they first appear in the text (e.g. congestive heart failure (CHF). Please refrain from using unfamiliar abbreviations, clinical slang or jargon.

## Images, art and tables

Cite all figures and tables in text, preferably in consecutive order. Please include a caption for each figure. All captions for each figure, should be separate from the text, at the end of the manuscript on a separate page. Captions should avoid duplication of text material. Credit lines for artwork can appear at the end of the corresponding caption by stating: (Provided by first initial, last name). Black out (or give clear instructions which parts should be blackened out) of the images to not violate any data protection regulations (e.g. patient data)

Do not embed figures, charts, or graphs into your document file. Please provide them as a separate file, as well as hard copy/correct .pdf file. Please use one the following formats: EPS, TIFF or JPEG.

Arrows stuck onto images for purposes of delineation should be clearly visible and reproducible.

Authors should indicate if they would like to have artwork returned.

Each table should have a title, and all abbreviations should be spelled out or explained in a footnote.

## Style

Title page should include full names, degrees and titles of authors, and affiliations (name of institution, city and state) for use in a by-line, as well as phone and fax numbers to facilitate sending edited copy back to author for approval.

Define all symbols, abbreviations and acronyms on first reference.

All manuscripts should be written in a third-person style, unless the article is specifically an editorial or first-hand review.

## References

A maximum of 10 references is suggested. Complete references should be listed in order of citation in text, NOT alphabetically. Up to four authors will be listed; if there are five or more authors, only the first three will be listed, followed by et al. Within the text, reference numbers should appear as footnotes in parentheses or in superscript text at the end of each appropriate citation. Please do not use Microsoft Words endnote feature, as this causes major problems in the editing phase.

In addition, if the reference is not in English, please indicate the language of publication.

## Journal example

Oberhaensli RD, Galloway GJ, Hilton-Jones D, et al. The study of human organs by phosphorus-31 topical magnetic resonance spectroscopy. *Br J Radiol* 1987;60:367-373

## Book example

Welch KMA, Barkley GL. Biochemistry and pharmacology of cerebral ischemia. In: Barnett JHM, Stein BM, Mohr JP, Yatsu FM, eds. *Stroke: pathophysiology, diagnosis and management*. New York: Churchill Livingstone, 1986;75-90.



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